



Healthy living

Aetna Dental® programs and discounts

Enjoy the extras — at no extra cost

Dental benefits and dental insurance plans are offered and/or underwritten by Aetna Health Inc., Aetna Dental Inc. and/or Aetna Life Insurance Company (Aetna). Each insurer has sole financial responsibility for its own products.

aetna®

[aetna.com](https://www.aetna.com)

Our dental plans come with awesome features — with no added cost

When you enroll in any of our dental benefits and insurance plans, you get:

- Online resources for keeping smiles healthier — and managing your coverage**
- Access to savings on daily dental care products, vision and hearing care, fitness, weight loss and more**



Get the most out of your dental plan

Discounts for a clean, healthy mouth

Medical research continues to show a relation between heart disease and gum disease.¹ Researchers have also found a higher incidence and severity of gum disease among patients with diabetes. That's why seeing your dentist regularly might be one of the best defenses against illness. Not just for good oral health, but also for your overall health.¹

That's why we offer discounts on oral health care products. They're available through the member website at [aetna.com](https://www.aetna.com).

¹Miller K. Periodontal disease and heart health [article online]. WebMD. December 15, 2015. Available at: [webmd.com/heart-disease/features/periodontal-disease-heart-health#1](https://www.webmd.com/heart-disease/features/periodontal-disease-heart-health#1). Accessed April 25, 2017.

Enjoy discounts for healthy living

Our members can get deals on products and services for healthy living. To use these discounts, sign up for your member website at [aetna.com](https://www.aetna.com).

At-home products

Save on blood pressure monitors, pedometers and activity trackers, electrotherapy transcutaneous electrical nerve stimulation (TENS) units (devices for pain relief) and many other Omron® products.

Books

Save on books, DVDs and more through the American Cancer Society Bookstore and the Mayo Clinic Bookstore. You can also get discounts on yoga DVDs and books from Pranamaya®.

Fitness

Look and feel better for less. Save on gym memberships* and name-brand home fitness and nutrition products that support a healthy lifestyle, with services provided by GlobalFit®.

Hearing

Pay less for hearing aids, hearing aid batteries mailed to your home, exams and more. Choose from leading manufacturers. You also get free follow-up service for one year.

Natural products and services

Get a discount off the normal fee for acupuncture, chiropractic, massage therapy and nutrition services through the ChooseHealthy® program.** And get a discount on items you use every day on the ChooseHealthy website.

Vision

Taking care of your eyes costs less with our vision discounts. Choose from popular designer frames,** and get discounts on vision items that don't need a prescription.

You can visit national chains like Pearle VisionSM, LensCrafters®, Target Optical® and participating Sears® Optical locations. Or go to any of the thousands of eye doctors in private practices. To find a vision provider near you, search our online directory at [aetna.com](https://www.aetna.com).

Weight management

Save on some of today's most popular weight-loss programs and meal plans from Jenny Craig® and Nutrisystem®. Enjoy one-on-one help, personalized menus, online tools, chat rooms and more.

What you need to know

Discounts are a great way to save money. But they're not insurance. Instead, with a discount, you get access to a vendor that has agreed to give Aetna Dental plan members discounted prices on products and services. You pay the discounted price directly to the vendor.

Because discounts aren't insurance, you don't have to worry about claims or referrals. And there are no limits on how often you can use them.

*Participation is for new gym members only. If you belong to a gym now or belonged recently, call GlobalFit to see if a discount applies.

**The ChooseHealthy program is made available through American Specialty Health Administrators, Inc., a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy is a federally registered trademark of ASH and used with permission herein.

***Certain brands impose a no-discount policy.

We're here when you need us

Get extra help online

Find a network dentist

Dentists in our network offer special rates for covered services. So your share of the cost is usually lower. To check for network dentists, use our online directory at [aetna.com](https://www.aetna.com).

Make the most of your plan

Online, you can search for providers, read reviews, compare and estimate costs, check claims and more. All your plan information is in one place — your member website. Sign up today at [aetna.com](https://www.aetna.com).

Call us

Member Services is available to answer your questions. Just call **1-877-238-6200**.

Support from our team

When you call, you'll get help from claims and customer service reps who specialize in dental matters. They've been with us an average of 14+ years. And they've exceeded customer service goals every month for over 15 years.²

Our oral surgery specialists

This group answers your questions about oral surgery.

Plus, they help with claims that may be covered under your medical plan. You can reach them at **1-800-531-7895**.

Speak another language?

Our customer service reps are ready. They have access to interpreters who can talk to you in over 200 languages.



²Aetna Dental Customer Service Objectives. Reported from January 2003 to present.

Enroll in any Aetna Dental benefits and insurance plan. And enjoy all the extras.

This material contains only a partial, general description and does not constitute a contract. Discount offers are available to people who have health benefits and insurance plans that are issued, administered or serviced by Aetna or our affiliates. Discount offers provide access to discounted services and are NOT part of an insured plan or policy. Discount offers are rate-access offers and may be in addition to any plan benefits. Check any insurance benefits you have before using these discount offers, as those benefits may result in lower costs to you than using these discounts. Discount offers are not guaranteed and may be discontinued at any time. Aetna makes no payment to the discount vendor. You are responsible for the full cost of the discounted services.

Aetna does not endorse any vendor, product or service associated with these discount offers. Vendors are independent of Aetna, not agents or employees. Programs, products and services may not be available at all times. Certain offers may not be available in some states. Products may be subject to a warranty from the manufacturer. Aetna makes no representations or warranties, and disclaims all product warranties. Aetna has no liability for providing or guaranteeing service and assumes no liability for the quality of service rendered. Aetna may receive a percentage of the fee paid to a discount vendor. Information is believed to be accurate as of the production date; however, it is subject to change.

Policy forms issued in Oklahoma include: GR-9N, GR-23, GR-29N.

Policy forms issued in Missouri include: AL HGrpPol-Dental 01, DM HGrpAg 01.

