

MentorCares™

Youth to Youth Mentoring

The program trains high school students in effective leadership, mentoring, and coaching skills. High school juniors and seniors use these acquired skills when they begin to mentor an incoming 9th grader that is assigned to them by the MentorCares™ coordinator. The goals of this program are to:

- ☑ Positively affect the life of the 9th graders and set them up for success as they begin their high school careers.
- ☑ Provide juniors and seniors with mentoring, leadership and life skills that will be useful throughout their personal and professional lives.
- ☑ Provide training to fortify today's youth and adults with marketable skills to take into the workplace and provide a training ground that nurtures self-confidence, personal responsibility and a passion for serving others.
- ☑ Teach the concept of volunteerism by having the younger students give back as mentors when they reach their junior and/or senior year.



The program is focused on the one-to-one relationship between the mentor and their mentee. The mentor agrees to meet with his/her mentee for a minimum of 2 hours per month. He/she also agrees to attend annual events centered on the four MentorCares™ themes.

The interactive and "fun based" annual events are aligned with the following themes:

- Building Leadership Skills
- Building Life Skills
- Exploring Career Opportunities
- Celebrating Volunteerism

A caring adult is assigned to each pair of young people to assist, guide and nurture the relationship. The adult works with the pair to teach and coach them on the [LeadershipCares 12 and 12](#).

Adult volunteers receive mentor training that can also be used to help them become more effective supervisors and managers in **their** workplace. The adults offer guidance in career exploration, career development and "hands on" leadership skills as they work with the young people planning and organizing the annual events.

Expectations and Commitment:

Young People (9th Grader/Juniors and Seniors):

- Attendance at annual LeadershipCares™ Conference
- Meet two hours per month with their adult coach
- Participation in three of the four annual events

Caring Adult:

- Attendance at official orientation and training session
- Attendance at One-Day LeadershipCares™ Conference
- Meet two hours per month with their assigned team
- Participation in three of the four annual events



Program Goals:

Uniqueness

- Creates a support team of 9th Grader-12th Grader + Caring Adult
- Uses volunteer outreach opportunities to teach practical skills
- Addresses the “real world” needs of young people

Link to Core Values

- Develops strong character by mastering-the 12 Leadership Skills
- Provides “real life” opportunities to use the 12 Life Skills
- Provides tools for classroom success
- Provides opportunities for exploring career opportunities

Creates Caring Mentors and Coaches

- Gives young people coaching and mentoring skills that will provide them a step-up in their workplace
- Provides adult volunteers with practical coaching skills that they can immediately apply in their workplace
- Provides communities and businesses with future caring leaders that will have a genuine impact on those they work with and lead



The LeadershipCares™ 12 and 12



The 12 Leadership Skills

- ✓ Vision
- ✓ Authenticity
- ✓ Passion for Service
 - ✓ Courage
 - ✓ Selflessness
- ✓ Share the Power
 - ✓ Give to Get
- ✓ Builder of Relationships
 - ✓ Hands On
- ✓ Provide Hope for Others
 - ✓ Life Long Learning
 - ✓ Perseverance

The 12 Life Skills

- ✓ Respect
- ✓ Responsibility-Accountability
 - ✓ Problem Solving
 - ✓ Follow Through
 - ✓ Conflict Resolution
 - ✓ Time Management
 - ✓ Listening
- ✓ Oral and Written Communication Skills
 - ✓ Flexibility/Adaptability
- ✓ Respect for Difference/Cultural Awareness
 - ✓ Etiquette
 - ✓ Work Ethic