Achieving School Readiness
Summer Activity Packet

ready aftive
Between birth and age five your child is growing, learning new things, and developing important skills. In fact, nearly 90% of your child's brain development happens by age five. Every experience shapes your child's thinking and is crucial to your child's ability to successfully perform in school – "to be school ready."

Ready At Five developed this Summer Activities Packet along with staff from Bradbury Heights Elementary School, Barnaby Manor Elementary School, and Beacon Heights Elementary School. We hope that as a parent you will use this packet of activities with your children to create fun learning experiences during the summer. Enjoy your children. Enjoy the Summer. Continue to be involved with your children's education. You are your child's first and best teacher!

Updated Spring 2012
Dear Parents and Early Educators,

A group of teachers have gotten together to create this calendar of summer activities. It is meant to help your preschooler be ready for kindergarten. To do this, an adult needs to interact with the child for a short time everyday. All of the activities are meant to be easy and practical, so have FUN and RELAX!! The worst thing you can do is to make learning a chore. If you are having fun then your child will have fun also.

Remember this is a sample of activities. It is not necessarily the only things you can do. It is important to read to your child everyday. Try to get to the library once a week. Have your child write his/her name on every paper they do. Point out letters or sounds as you drive to the store or child care. Whatever you do, no matter how small it seems, will help your preschooler.

The activities and schedule were made to be somewhat flexible. Feel free to modify an activity if it appears to be too difficult or too easy for your child. If you know you don't have a lot of time one day, switch that night's activity for another easier or quicker one later in the week. Please be aware, each week has a theme. If you are going to change an activity, try to switch it with another in the same theme. It will be easier for the child.

Lastly, to make it easier for the adult, we have included almost everything you need to know. After each activity, there will be some symbols. One symbol will tell you where to go in the packet to get more information or help.

These symbols:
- Dollar store shopping item
- Theme information page
- Song book
- Recipe book

The other symbols will tell you the purpose of the activity. (Or what area the child is developing with that activity). The next page will give you a brief description of the different areas of growth.

These symbols:
- Art Domain
- Social/Emotional domain
- Fine motor domain
- Gross motor domain
- Language domain
- Math domain
- Science domain
- Social Studies (History) domain

Talk with your child about this calendar packet. Read what you will do each day. Enjoy the packet. Have fun with it.
The Learning Domains:

Art:

The art domain involves dance, drama, music and art. Children can express their personality or creativity in a positive way using this domain. Your child will be using all areas in kindergarten so make him/her comfortable by using them now. Allow him/her to listen to different kinds of music, draw or color using different materials like chalk, paint, crayons, and colored pencils, use puppets and play make-believe. Don’t be afraid to enter your child’s world and pretend, dance, and color right along with him/her.

Social/Emotional:

The social/emotional domain is about how a child gets along with others and handles or expresses emotions. Trust, self-esteem, and self-control are all important parts of this area of growth. For your child to do well in school, he/she should be able to apologize, solve problems, try different things, accept responsibility for the good and bad things he/she does, and not give up too quickly. Eventually, these will help your child make and keep friends.

Physical:

The physical domain is about moving and controlling muscles. It has 2 parts; moving main or big muscles and moving smaller muscles. The smaller muscle movement is called fine motor and large muscle movement is called gross motor.
The Learning Domains cont’d:

**Fine Motor:**

Fingers, toes, hands and feet are the smaller muscle groups that make up fine motor growth. In order for the smaller muscles to develop, the large muscles must already be in place. So, fine motor growth is usually just beginning at the preschooler age. This muscle development is important in everything a child does; from holding a pencil and writing to eating and opening doors. Finger plays, play dough and puzzles will all help this area of growth. Until these muscles develop, things like holding a pencil or writing will be difficult or impossible.

**Gross Motor:**

Gross motor is larger muscle groups like arms and legs. Gross motor development will start at birth and is responsible for things like walking, sitting, running and throwing. Since gross motor growth is the building block for fine motor growth, it is important to keep it strong. Riding tricycles, balancing, climbing jungle gyms, swinging and playing ball will keep this area strong.

**Language/Literacy:**

Language and literacy growth involves expressing oral and written thoughts. Have conversations with your child and use complete sentences and proper English as much as possible. Increase your child’s vocabulary by going to as many different kinds of places as possible (zoo, beach, museum, grocery store, hospital, school, etc.). Eventually, this area is responsible for reading. Knowing letters and sounds is important however; knowing how to open and hold a book, knowing the difference between letters, words and pictures, and predicting and making up stories to go with pictures are also meaningful. The most important part of this area of growth is the opportunity to use books. Go to the library, have books around the house and read everyday.
The Learning Domains cont’d:

Math:

The math domain is about numbers and relationships. It is not only counting and knowing numbers; but about sorting, shapes, patterns and colors. It uses relationship words like over, under, next to, left/right, more, less and equal. Use these kinds of words while you’re doing household chores like laundry and cooking. It is an easy time to work with this area of a child’s growth.

Science:

The science domain involves wondering about things, asking questions, investigating to find answers and collecting information. Using senses (seeing, hearing, tasting, smelling and touching) to collect information is important. Remember to have your child’s sight and hearing checked so they can use these senses as easily as the others. Use charts or drawings to show how to organize or group things. Be sure to explain why or how something happens and if you don’t know, show your child how to find the answers.

Social Studies:

Social studies is the study of people and how they live (long ago, today and in the future). It involves jobs, transportation, housing, inventions and events. It is about how people are affected by their surroundings. Let your child talk about him/herself. Talk about family and how the people in the child’s life are related. Your child should know about the neighborhood (places and people). Take him/her for walks and talk about what you see or where you go. The more places you take your child and the more things you see, the bigger your child’s world will be.
<table>
<thead>
<tr>
<th>1</th>
<th>Plan to visit one cultural enrichment site this month.</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Write your child’s full name. Count together the number of letters in the name. Say the alphabet together. Have your child practice writing her name.</td>
</tr>
<tr>
<td>3</td>
<td>July is National Ice Cream Month! Draw a cone with 8 scoops. Label the flavor of each scoop. Ask your child to name her favorite flavor.</td>
</tr>
<tr>
<td>4</td>
<td>Independence Day! Talk about the colors in the flag and count the stripes. Count the stars too! Have your child wear red, white and blue or stars and stripes today.</td>
</tr>
<tr>
<td>5</td>
<td>Print your child’s name. Ask her to name 3 words that begin with each letter of her name.</td>
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<tr>
<td>6</td>
<td>Name parts of the body. Play “Simon Says” using body parts.</td>
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<tr>
<td>7</td>
<td>Make up a story with your child about two of his/her stuffed animals.</td>
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<tr>
<td>8</td>
<td>Color a summer card or picture together and give it to a special neighbor or friend.</td>
</tr>
<tr>
<td>9</td>
<td>Draw a family picture. Name all of the people. Have your child tell a favorite family story.</td>
</tr>
<tr>
<td>10</td>
<td>Look for circles, squares, and triangles around the house. See how many you can find.</td>
</tr>
<tr>
<td>11</td>
<td>Use socks as puppets. Design a puppet and put on a puppet show.</td>
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<tr>
<td>12</td>
<td>Take a walk outdoors. Point out trees, flowers, and birds. See how many you can find.</td>
</tr>
<tr>
<td>13</td>
<td>Play music. Make up a new dance. Share the dance with other family members and friends.</td>
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<tr>
<td>14</td>
<td>Have a DEAR time. Drop Everything And Read.</td>
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<tr>
<td>15</td>
<td>Set the dinner table together. Talk about what you will have for dinner.</td>
</tr>
<tr>
<td>16</td>
<td>Catch your child being good today. Give them a hug!</td>
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<tr>
<td>17</td>
<td>Go outdoors and collect lightning bugs together. Talk about insects/animals that come out at night.</td>
</tr>
<tr>
<td>18</td>
<td>Draw pictures together and tell a story about the picture.</td>
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<tr>
<td>19</td>
<td>Name the days of the week. Find out your child’s favorite day.</td>
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<tr>
<td>20</td>
<td>Plan a shopping trip. Make a grocery list together. While in the grocery store, find food that begins with the letter “P”.</td>
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<tr>
<td>21</td>
<td>Practice counting 1 to 10. Talk about numbers.</td>
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<tr>
<td>22</td>
<td>Let your child choose a game to play. Spend at least a half hour playing with your child.</td>
</tr>
<tr>
<td>23</td>
<td>Blow bubbles in the sun. Look for all the colors when the sun shines on the bubbles.</td>
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<tr>
<td>24</td>
<td>Have family time. Go out and take a walk together. Have a FUN day.</td>
</tr>
<tr>
<td>25</td>
<td>Explore the playground together. Talk about the body parts needed to run and climb.</td>
</tr>
<tr>
<td>26</td>
<td>Take a walk together. Hop, skip and run as you go.</td>
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<tr>
<td>27</td>
<td>Play music and dance with your child. See how many letters you can make with your body.</td>
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<tr>
<td>28</td>
<td>Talk about water in all its forms: liquid, ice, snow, rain, the ocean, the pool, and the bath. Make ice cube fruit juice squares for dessert.</td>
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<tr>
<td>29</td>
<td>Go to the library and explore the computer. Check out books about summer fun together.</td>
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<tr>
<td>30</td>
<td>Read a favorite bedtime story. Ask your child to retell the story the next night.</td>
</tr>
<tr>
<td>31</td>
<td>Talk about this calendar. Put a star on your 3 favorite days.</td>
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</tbody>
</table>

**July Calendar**

1. Plan to visit one cultural enrichment site this month.
2. Write your child’s full name. Count together the number of letters in the name. Say the alphabet together. Have your child practice writing her name.
3. July is National Ice Cream Month! Draw a cone with 8 scoops. Label the flavor of each scoop. Ask your child to name her favorite flavor.
4. Independence Day! Talk about the colors in the flag and count the stripes. Count the stars too! Have your child wear red, white and blue or stars and stripes today.
5. Print your child’s name. Ask her to name 3 words that begin with each letter of her name.
7. Make up a story with your child about two of his/her stuffed animals.
8. Color a summer card or picture together and give it to a special neighbor or friend.
9. Draw a family picture. Name all of the people. Have your child tell a favorite family story.
10. Look for circles, squares, and triangles around the house. See how many you can find.
11. Use socks as puppets. Design a puppet and put on a puppet show.
12. Take a walk outdoors. Point out trees, flowers, and birds. See how many you can find.
13. Play music. Make up a new dance. Share the dance with other family members and friends.
14. Have a DEAR time. Drop Everything And Read.
15. Set the dinner table together. Talk about what you will have for dinner.
16. Catch your child being good today. Give them a hug!
17. Go outdoors and collect lightning bugs together. Talk about insects/animals that come out at night.
18. Draw pictures together and tell a story about the picture.
19. Name the days of the week. Find out your child’s favorite day.
20. Plan a shopping trip. Make a grocery list together. While in the grocery store, find food that begins with the letter “P”.
22. Let your child choose a game to play. Spend at least a half hour playing with your child.
23. Blow bubbles in the sun. Look for all the colors when the sun shines on the bubbles.
24. Have family time. Go out and take a walk together. Have a FUN day.
25. Explore the playground together. Talk about the body parts needed to run and climb.
26. Take a walk together. Hop, skip and run as you go.
27. Play music and dance with your child. See how many letters you can make with your body.
28. Talk about water in all its forms: liquid, ice, snow, rain, the ocean, the pool, and the bath. Make ice cube fruit juice squares for dessert.
29. Go to the library and explore the computer. Check out books about summer fun together.
30. Read a favorite bedtime story. Ask your child to retell the story the next night.
31. Talk about this calendar. Put a star on your 3 favorite days.
<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
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<tbody>
<tr>
<td>1</td>
<td>Offer praise when your child is successful. Review familiar and new vocabulary words each day. Place a star on each completed daily calendar activity.</td>
</tr>
<tr>
<td>2</td>
<td>Discuss sounds you hear during summer. Ask your child if he or she remembers the sound of cicadas?</td>
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<tr>
<td>3</td>
<td>Give your child several pairs of shoes all mixed up. Have him or her put each pair together.</td>
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<tr>
<td>4</td>
<td>Collect different pictures related to summer. Create a summer collage by cutting and gluing the pictures onto a large piece of paper. Display the collage in a favorite place.</td>
</tr>
<tr>
<td>5</td>
<td>Visit an art museum. Name the colors in the paintings. Paint your own masterpiece when you get home and hang it on the refrigerator.</td>
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<tr>
<td>6</td>
<td>Give your child a number of crackers of varying shapes, sizes, and colors. Ask him or her to sort them into groups of crackers that are alike.</td>
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<tr>
<td>7</td>
<td>Prepare a picnic lunch and eat at a park or in the play yard.</td>
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<tr>
<td>8</td>
<td>Select a cultural site and visit it with your family.</td>
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<tr>
<td>9</td>
<td>Take a nature walk to find sights of summer and discuss all of the things you see during summer.</td>
</tr>
<tr>
<td>10</td>
<td>Make a list of summer fun activities your child and family enjoys doing together. Plan a special day to do one of the activities.</td>
</tr>
<tr>
<td>11</td>
<td>Cut up three of four different kinds of fruit. Ask your child to watch you create a pattern. Have your child copy the pattern. i.e.: Apple-orange-orange-apple-orange…</td>
</tr>
<tr>
<td>12</td>
<td>Laundry Day – Have your child sort the darks and lights and then match the clean socks.</td>
</tr>
<tr>
<td>13</td>
<td>Go outside and do some exercises with your child. Go for a short run or do some stretching exercises together.</td>
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<tr>
<td>14</td>
<td>Ask your child to choose a special place for the two of you to visit together.</td>
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<tr>
<td>15</td>
<td>Go outside and search for insects – have your child count the number of each insect he finds and make a graph with tally marks for each one.</td>
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<tr>
<td>16</td>
<td>Read a book from the suggested reading list. Act out the story.</td>
</tr>
<tr>
<td>17</td>
<td>Get the family together and ask your child different color questions similar to the following: “Who has green socks? Who is wearing red?”</td>
</tr>
<tr>
<td>18</td>
<td>Ask your child to count the boxes of cereal on the shelf. Have him or her count other things, such as cans of soup, plates, pots and pans, etc.</td>
</tr>
<tr>
<td>19</td>
<td>Teach your child a new song. Ask him or her to hum the song as you sing it several times. See if he or she can sing the words with you.</td>
</tr>
<tr>
<td>20</td>
<td>Take a walk with your child. Have your child tell you what he or she sees, hears, touches, and smells.</td>
</tr>
<tr>
<td>21</td>
<td>Go outside and search for insects – have your child count the number of each insect he finds and make a graph with tally marks for each one.</td>
</tr>
<tr>
<td>22</td>
<td>Before reading a new story to your child, talk about the title and look at the pictures. Ask your child to guess what he or she thinks the story will be about.</td>
</tr>
<tr>
<td>23</td>
<td>In the top of a large box, cut a hole big enough for your child’s head to fit through. Have your child pretend that he or she is another person. Join in on the fun.</td>
</tr>
<tr>
<td>24</td>
<td>Take a brown paper grocery bag and cut out holes for eyes, nose and mouth. Then have your child decorate it with crayons, markers, yarn, buttons, scraps of paper and fabric to create a mask.</td>
</tr>
<tr>
<td>25</td>
<td>Play an outside game with your child. Play “Follow the Leader,” or tag or one of his or her favorite games.</td>
</tr>
<tr>
<td>26</td>
<td>Go over important points of safety with your child. Talk about how and when to cross the street. Talk about bike safety, water safety, etc.</td>
</tr>
<tr>
<td>27</td>
<td>Place a group of beans on a table. Cover the beans with your hand. Ask your child to guess how many beans there are. Then have your child count the beans to see if his or her guess was correct.</td>
</tr>
<tr>
<td>28</td>
<td>Take a walk to your child’s school. Walk around the school community to identify familiar sites.</td>
</tr>
<tr>
<td>29</td>
<td>Talk about the exciting things that your child will be doing in school.</td>
</tr>
<tr>
<td>30</td>
<td>Place containers out in the rain for several different days. Check the height of the water after each rainfall. Make a comparison chart.</td>
</tr>
<tr>
<td>31</td>
<td>Plant some seeds for a window garden. Discuss the care of plants with your child.</td>
</tr>
<tr>
<td><strong>DAY 1</strong></td>
<td>Talk to your child about water. What can you do with water? When do you like water? When do you not like water? (*, SE, L, S)</td>
</tr>
<tr>
<td><strong>DAY 2</strong></td>
<td>Draw a water scene picture or look for one in a magazine or in a library book. Talk about what you see. (*, F, A, S)</td>
</tr>
<tr>
<td><strong>DAY 3</strong></td>
<td>Fill a bucket with water. Using a BIG paint brush, paint the sidewalk with the water. What happens to the water? ($, S, F, A)</td>
</tr>
<tr>
<td><strong>DAY 4</strong></td>
<td>Practice singing, “The Itsy Bitsy Spider”. What did the water do to the spider? Where did the water come from? Look for a water spout around your house or apartment. (A, L, S)</td>
</tr>
<tr>
<td><strong>DAY 5</strong></td>
<td>Have a conversation with an adult about water animals. Which of these animals live in the water? A cat, a fish, a turtle, a seal, a lion, a seahorse, a shark, a bird? (*, SE, L, S)</td>
</tr>
<tr>
<td><strong>DAY 6</strong></td>
<td>Pretend to be water animal in your pool or bathtub. Can you be a fish? A seal, a frog? (G, A)</td>
</tr>
<tr>
<td><strong>DAY 7</strong></td>
<td>Using a cloth or sponge and water, clean a table or something that can be washed with water. (F)</td>
</tr>
</tbody>
</table>

**Comments:** Using these water activities, your child can engage in language usage, develop small and gross motor skills, and discover science concepts.
DAY 1:
What to do in water? Why do we like it?
Play in it, swim in it, use it to cool off, clean with it, drink it, water the flowers and plants.
Why don’t we like water?
Storms, floods, drowning, scares people

DAY 2:
Possible Water Scenes:
The beach, the pool, water animals, fish or fishing scenes, water sports: swimming, skiing

DAY 5:
Animals that live in the water:
Fish, turtle, seal, seahorse, shark (others: alligators, whale, starfish, frog)
<table>
<thead>
<tr>
<th>DAY 1</th>
<th>Have your child practice pouring water into different size containers. Which container holds the most? Which container is easiest to pour from? (*, F, M)</th>
</tr>
</thead>
<tbody>
<tr>
<td>DAY 2</td>
<td>Collect these items from around the house - rubber band, plastic spoon, penny, dry pasta, bottle cap, pencil, rock, and cotton ball. Using the bathtub or a big bowl or bucket, predict and demonstrate which items will sink or float. (*, F, S)</td>
</tr>
<tr>
<td>DAY 3</td>
<td>Have your child name things that move in or on water. (* SE, L, S)</td>
</tr>
<tr>
<td>DAY 4</td>
<td>Sing the song, &quot;It's Raining, It's Pouring&quot; with your child. (L, A, S, E)</td>
</tr>
<tr>
<td>DAY 5</td>
<td>Have your child draw a picture of what a person should wear in the rain. Name the items. Look for rain gear in a catalog or magazine. (*, S, A)</td>
</tr>
<tr>
<td>DAY 6</td>
<td>Have your child name things that can be done on a rainy day. (*, SE, S)</td>
</tr>
<tr>
<td>DAY 7</td>
<td>Make kool-aid with your child (M, SE, S)</td>
</tr>
</tbody>
</table>

**Comments:**
**Day 1:**

*Containers to Use:*

Paper cup, measuring cup, bowl, mixing bowl, pitcher, glass, vase

**Day 2:**

*Things that Float:*

Bottle cap, rubber bands, plastic spoon, cotton ball, wooden spoon, pencil

*Things That Don't Float:*

Penny, soap, pasta, cotton ball, metal spoon, rock

**Day 3:**

*Things That Move In or On Water:*

People, boats, fish, bugs, lily pads, water skis, ducks, swans, seagulls

**Day 5:**

*Things To Wear On a Rainy Day:*

Raincoat, goulashes, umbrella, hat

**Day 6:**

*Things To do On a Rainy Day:*

Draw, have an indoor picnic, bake cookies, read a book, play a board game, listen to music, listen to rain
**Week #3**

<table>
<thead>
<tr>
<th>Patriotism</th>
<th>DAY 1</th>
<th>The child names the colors in the American flag. Find other things in your home that are the same colors. (*, H, M)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>DAY 2</td>
<td>The child names words that rhyme with flag. (*, L)</td>
</tr>
<tr>
<td></td>
<td>DAY 3</td>
<td>The child looks for 3 American flags in his/her neighborhood. Did you see any other kinds of flags? (*) (H)</td>
</tr>
<tr>
<td></td>
<td>DAY 4</td>
<td>The child designs and makes his/her own flag and tells about it. (A, H, SE, L, M)</td>
</tr>
<tr>
<td></td>
<td>DAY 5</td>
<td>The child looks for his/her clothes that are red, white and blue. Plan to wear these on the 4th of July.</td>
</tr>
<tr>
<td></td>
<td>DAY 6</td>
<td>The child marches to patriotic music and practices counting each step. (G, A, M)</td>
</tr>
<tr>
<td></td>
<td>DAY 7</td>
<td>The child practices being a “good citizen” in his family and does helpful chores - sorts the laundry, sets the table, and picks up his/her toys. (SE, M, F, H)</td>
</tr>
</tbody>
</table>

*Comments:*
DAY 1:
The American Flag Colors:
Red, white and blue

DAY 2:
Words that Rhyme with Flag:
Bag, brag, drag, gag, hag, lag, nag, rag, sag, tag, wag, zag

DAY 3:
Places to See The American Flag:
Gas stations, fast-food restaurants, post office, government offices, homes, schools
Other kinds of Flags you might See:
Company flags, state flags, another country's flag
<table>
<thead>
<tr>
<th>DAY 1</th>
<th>Sing “Twinkle, Twinkle Little Star” while looking at stars at night. (*) (SE, L, S)</th>
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<tbody>
<tr>
<td>DAY 2</td>
<td>The child traces the stars provided in the packet. (F, M) See attachments.</td>
</tr>
<tr>
<td>DAY 3</td>
<td>The child cuts out the traced stars and puts them in order from smallest to largest. Practice saying the words, “smallest, largest and middle-sized.” (F, M)</td>
</tr>
<tr>
<td>DAY 4</td>
<td>The child draws a picture of himself/herself on the biggest star and tells 5 things that make him/her a star. (A, SE)</td>
</tr>
<tr>
<td>DAY 5</td>
<td>Make star cut-out cookies with the child. Count the cookies. Put them in bags of 4 or 6. (*) (SE, M)</td>
</tr>
<tr>
<td>DAY 6</td>
<td>The child names 3 fire safety rules. (*) (S, SE, L)</td>
</tr>
<tr>
<td>DAY 7</td>
<td>The child learns the rhyme, “911 is not for fun”, and learns how to dial 911. (SE, M)</td>
</tr>
</tbody>
</table>

**Comments:** We all recognize how important praise can be for a child. To review some quick words of praise see the attachment titled “Everyone Needs Praise.”
DAY 6:
Fire Safety Rules:
Stop, drop and roll
Crawl, don't walk or stand
I know my address and phone number
Don't go back inside a fire
Call 911 for help
### Week #5

#### Bugs, bugs, bugs!

<table>
<thead>
<tr>
<th>DAY</th>
<th>Activity</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>DAY 1</td>
<td>Go on a walk with your child and find and collect bugs (also known as insects). (*)</td>
<td>$, SE, G, S, F</td>
</tr>
<tr>
<td>DAY 2</td>
<td>Your child makes “Bugs on a log.” (SE, M, F)</td>
<td></td>
</tr>
<tr>
<td>DAY 3</td>
<td>Your child makes play dough bugs. (F, S, M)</td>
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</tr>
<tr>
<td>DAY 4</td>
<td>Sing the song, “The Ants Go Marching One-By-One”. (A, L, M, SE)</td>
<td></td>
</tr>
<tr>
<td>DAY 5</td>
<td>Catch fireflies at night with your child and count them. ($)</td>
<td>$, S, M, SE</td>
</tr>
<tr>
<td>DAY 6</td>
<td>Your child draws bugs in shaving cream on a cookie sheet or in the bathtub. Practice writing the letters of your name also. ($)</td>
<td>$, A, F, S, L</td>
</tr>
<tr>
<td>DAY 7</td>
<td>Your child can try to name words that rhyme with “bug”. (*)</td>
<td>L</td>
</tr>
</tbody>
</table>

**Comments:**
DAY 1:
Possible Bugs to Collect:
Cockroaches, flies, fireflies, butterflies, caterpillars, ants, grasshoppers, praying mantises, moth, beetles

DAY 7:
Words That Rhyme With Bug:
Chug, dug, drug, hug, jug, lug, mug, plug, run, shrug, tug
<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day 1</td>
<td>Sing the song “Baby Bumble Bee” with your child. (A, L, SE, S)</td>
</tr>
<tr>
<td>Day 2</td>
<td>Read The Hungry Caterpillar by Eric Carle with your child. (*, L, SE, S)</td>
</tr>
<tr>
<td>Day 3</td>
<td>Color the enclosed caterpillar measuring stick using a pattern. (*, M, F)</td>
</tr>
<tr>
<td></td>
<td>See attachment page.</td>
</tr>
<tr>
<td>Day 4</td>
<td>You and your child measure household items using the caterpillar ruler.</td>
</tr>
<tr>
<td></td>
<td>How many circles long is each item? (*)</td>
</tr>
<tr>
<td>Day 5</td>
<td>Plan a trip to the Smithsonian Museum of Natural History to see the</td>
</tr>
<tr>
<td></td>
<td>insect zoo. (*)</td>
</tr>
<tr>
<td>Day 6</td>
<td>Go on a nature walk and collect different kinds of leaves. Have your</td>
</tr>
<tr>
<td></td>
<td>child draw a picture of what he/she saw on the Walk. (G, SE, A, L, H)</td>
</tr>
<tr>
<td>Day 7</td>
<td>Have your child make crayon rubbings of the leaves collected on the day</td>
</tr>
<tr>
<td></td>
<td>6 nature walk. (*)</td>
</tr>
</tbody>
</table>

Comments:
Nature and Bugs Information Page

Week 6:

DAY 2:
The Very Hungry Caterpillar by Eric Carle is at all libraries and book stores.
Library website: www.PRGE.Lib.MD.US

DAY 3:
Possible Patterns:
Yellow, green, yellow, green
Striped, dotted, striped, dotted
Colored, not colored, colored, not colored

DAY 4:
Households Items to Measure:
Wooden spoon, pencil, child and adult size shoe, car key, cup, pan, book, a favorite toy

DAY 5:
Smithsonian Information:
Museum of Natural History
Cost: free
Constitution Avenue NW
Hours: Summer 9-5 everyday
Washington, DC
Winter 10-4 everyday
(202) 357-2700
Metro stop: Smithsonian (blue & orange line)

DAY 7:
How to Make A Rubbing:
1. Lay the leaf flat on a table with the ribbed or bumpy side up.
2. Cover the leaf with paper.
3. Take the crayon wrapper of a crayon.
4. Use the long, side of the crayon and rub across the paper on the leaf.
Week #7

<table>
<thead>
<tr>
<th>DAY 1</th>
<th>Your child practices speaking out loud his or her complete first and last name. (L, SE)</th>
</tr>
</thead>
<tbody>
<tr>
<td>DAY 2</td>
<td>Take your child to school and pick up your school supply list. Then take your child to the store to buy the supplies. (*, $, H, M, L, SE, G)</td>
</tr>
<tr>
<td>DAY 3</td>
<td>Your child practices using the scissors by cutting up junk mail or scrap paper. ($, F)</td>
</tr>
<tr>
<td>DAY 4</td>
<td>Your child can practice writing his/her name using lower case letters. Practice saying the names of the letters. (*, F, L, SE) See attachments</td>
</tr>
<tr>
<td>DAY 5</td>
<td>Sing the &quot;Alphabet Song&quot; with your child. (L, A)</td>
</tr>
<tr>
<td>DAY 6</td>
<td>Your child can cut the letters for his/her name from a newspaper or magazine. Mix them up and see if your child can put them in the correct order to spell his/her name again. Save them in an envelope to use again. (L, F)</td>
</tr>
<tr>
<td>DAY 7</td>
<td>Practice these motor skills with your child. Hopping, skipping, jumping and walking on a line. (G)</td>
</tr>
</tbody>
</table>

Comments:
DAY 2:
Sample Stores to Buy Your School Supplies:
Kmart, Wal-Mart, Target, Eckerds, Ames, CVS, Dollar Store

Sample Supply List: (This is only a sample each school has their own list).
1 box of 8 large crayons
2 black and white composition notebooks
Blanket or towel
Bottle of hand sanitizer
Box of kleenex
2 primary pencils
fiscar scissors
extra set of clothes
2 glue sticks

DAY 4:
Letter Writing Guide is Included:
Please follow the arrows when writing with the child.
**Week #8**

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>DAY 1</td>
<td>Have your child practice zipping and unzipping pants and coats. Also practice buttoning and unbuttoning. Practice tying his/her shoelaces. (F)</td>
</tr>
<tr>
<td>DAY 2</td>
<td>Have your child practice counting his/her new crayons and naming the colors. (*, $, M, L)</td>
</tr>
<tr>
<td>DAY 3</td>
<td>Color a picture. Have your child describe the picture to you. Name the colors that he/she used. (*, A, L, M)</td>
</tr>
<tr>
<td>DAY 4</td>
<td>Play a game of “Simon Says” with your child. Let him/her be Simon. Discuss listening, following directions, and school behavior. (*, G, L, F, SE)</td>
</tr>
<tr>
<td>DAY 5</td>
<td>Take your child to the library and check out some books. Get your library card in your child’s name. (*, L, H, SE) See attachments for a suggested book list</td>
</tr>
<tr>
<td>DAY 6</td>
<td>Help your child practice good hygiene habits. Practice blowing your nose, washing your hands, using and flushing the toilet independently. You can reinforce brushing teeth. (SE, G, F, S)</td>
</tr>
<tr>
<td>DAY 7</td>
<td>Have your child draw a picture or dictate a letter to you to take to school and leave it in the office for show his/her new teacher some time before school starts. (F, L, SE, H)</td>
</tr>
</tbody>
</table>

**Comments:**
Getting Ready for School Information Page

Week 8:

**DAY 2 and 3:**

*Basic Colors:*
Red, orange, yellow, green, blue, purple, brown, black, white, pink

**DAY 4:**

*Simon Says School Behaviors:*
- Sit quietly with legs crossed
- Hold a pencil correctly
- Put the school supplies away
- Push in the chair
- Shut the door quietly
- Raise a hand and speak
- Stand in a line

**DAY 5:**

*Book List:*
A recommended book list is included.
Go to your local library and apply for a library card.
Music Book
Ladybug! Ladybug!
Ladybug! Ladybug!
Fly away home.
Your house is on fire
And your children all gone.
All except one,
And that’s little Ann,
For she has crept under
The frying pan.

Itsy Bitsy Spider
The itsy bitsy spider Crawled up the water spout (Crawl up arm)

Down came the rain (Wiggle fingers down)
And washed the spider out (Wave arms to the side)

Out came the sun and dried up all the rain
(Lift hands above head, make a circle for the sun)

And the eensy weensy spider
Crawled up the spout again. (Crawl up arm again)
It’s raining, it’s pouring....
The old man is snoring....
He went to bed and he bumped his head....
And he couldn’t wake up in the morning....

Rain, rain go away
Come again another day....
Me and mommy want to play.....
So rain, rain go away.......

It’s Raining, It’s Pouring........

Rain, Rain Go Away.........
America The Beautiful

O beautiful for spacious skies,
   For amber waves of grain,
   For purple mountain majesties
      Above the fruited plain!

   America! America!
   God shed his grace on thee,
   And crown thy good with brotherhood
      For sea to shining sea!

O beautiful for patriot dream
   That sees beyond the years
   Thine alabaster cities gleam
      Undimmed by human tears!

   America! America!
   God shed his grace on thee,
   And crown thy good with brotherhood
      From sea to shining sea!
The Star Spangled Banner

Oh! Say can you see,
By the dawn's early light,
What so proudly we hailed
At the twilight's last gleaming?

Whose broad stripes and bright stars,
Through the perilous fight,
O'er the ramparts we watched
Were so gallantly streaming?

And the rockets red glare,
The bombs bursting in air,
Gave proof through the night
that our flag was still there.

Oh! Say does that star-spangled
banner yet wave
O'er the land of the free
and the home of the brave?
Yankee Doodle came to town,
A-riding on a pony;
He stuck a feather in his hat
And called it macaroni.

Yankee Doodle keep it up,
Yankee Doodle Dandy;
Mind the music and the steps
And with the girls be handy.

Father and I went down to camp,
Along with Cap'n Goodwin;
The men and boys all stood around
As thick as hasty puddin'.

Yankee Doodle keep it up,
Yankee Doodle Dandy;
Mind the music and the steps
And with the girls be handy.
Twinkle, Twinkle Little Star

Twinkle, twinkle little star,
how I wonder what you are?
Up above the world so high
like a diamond in the sky.

When the blazing sun is gone,
when he nothing shines upon,
then you show your little light,
twinkle, twinkle all the night.

Then the traveler in the dark,
thanks you for your tiny spark,
he could not see which way to go
if you did not twinkle so.

In the dark blue sky you keep,
and often through my curtains peep,
for you never shut your eye,
till the sun is in the sky.

As your bright and tiny spark
lights the traveler in the dark,
though I know not what you are
twinkle, twinkle little star.
The Ants Go Marching

The ants go marching one by one, hurrah, hurrah
The ants go marching one by one, hurrah, hurrah
The ants go marching one by one,
The little one stops to suck his thumb
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching two by two, hurrah, hurrah
The ants go marching two by two, hurrah, hurrah
The ants go marching two by two,
The little one stops to tie his shoe
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching three by three, hurrah, hurrah
The ants go marching three by three, hurrah, hurrah
The ants go marching three by three
The little one stops to climb a tree
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching four by four, hurrah, hurrah
The ants go marching four by four, hurrah, hurrah
The ants go marching four by four
The little one stops to shut the door
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching five by five, hurrah, hurrah
The ants go marching five by five, hurrah, hurrah
The ants go marching five by five
The little one stops to take a dive
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching six by six, hurrah, hurrah
The ants go marching six by six, hurrah, hurrah
The ants go marching six by six,
The little one stops to pick up sticks
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching seven by seven, hurrah, hurrah
The ants go marching seven by seven, hurrah, hurrah
The ants go marching seven by seven,
The little one stops to pray to heaven
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching eight by eight, hurrah, hurrah
The ants go marching eight by eight, hurrah, hurrah
The ants go marching eight by eight
The little one stops to shut the gate
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching nine by nine, hurrah, hurrah
The ants go marching nine by nine, hurrah, hurrah
The ants go marching nine by nine
The little one stops to check the time
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching ten by ten, hurrah, hurrah
The ants go marching ten by ten, hurrah, hurrah
The ants go marching ten by ten
The little one stops to say “THE END”
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!
Baby Bumblebee

I'm bringing home a baby bumblebee, Won't
My mommy be so proud of me, (Cup hands together as if holding bee)

I'm bringing home a baby bumblebee, Ouch! It stung me!
(Shake hands as if just stung)

I'm squishing up the baby bumblebee,
Won't my mommy be so proud of me,
(Squish bee between palms of hands)

I'm squishing up a baby bumblebee,
  Ooh! It's yucky!
  (Open up hands to look at "mess")

I'm wiping off the baby bumblebee,
Won't my mommy be so proud of me,
(Wipe hands off on shirt)

I'm wiping off the baby bumblebee,
Now my mommy won't be mad at me!
(Hold hands up to show they are clean)
The Alphabet Song

A - B - C - D - E - F - G

H - I - J - K - L - M - N - O - P

Q - R - S - T - U and V,

W - X - Y and Z

Now I know my A - B - C's

Next time won't you sing with me?
You put your right foot in,
   You put your right foot out;
You put your right foot in,
   And you shake it all about.

You do the Hokey-Pokey,
   And you turn yourself around.
That's what it's all about!

You put your left foot in,
   You put your left foot out;
You put your left foot in,
   And you shake it all about.

You do the Hokey-Pokey,
   And you turn yourself around.
That's what it's all about!

You put your right hand in,
   You put your right hand out;
You put your right hand in,
   And you shake it all about.

You do the Hokey-Pokey,
   And you turn yourself around.
That's what it's all about!

You put your left hand in,
   You put your left hand out;
You put your left hand in,
   And you shake it all about.

You do the Hokey-Pokey,
   And you turn yourself around.
That's what it's all about!
Wheels on the Bus

The wheels on the bus go round and round
Round and round, round and round
The wheels on the bus go round and round
All through the town.
(Roll hands over each other)

The wipers on the bus go "Swish, swish, swish
Swish, swish, swish, swish, swish, swish"
The wipers on the bus go "Swish, swish, swish
All through the town.
(Move arms back and forth like windshield wiper)

The door on the bus goes open and shut
Open and shut, open and shut
The door on the bus goes open and shut
All through the town.
(Open and shut hands)

The windows on the bus go Up and Down, Up and Down,
Down, Up and Down
The windows on the bus go Up and Down,
All through the town.
(Move arms up and down)

The horn on the bus go “Beep, beep, beep
Beep, beep, beep, beep, beep, beep”
The horn on the bus go “Beep, beep, beep
All through the town.
(Pretend to beep horn)

The baby on the bus says, "Wah, wah, wah!
Wah, wah, wah, wah, wah!
The baby on the bus says, "Wah, wah, wah!
All through the town.
(Pretend crying like a baby)

The mommy on the bus says, “Shh, shh, shh
Shh, shh, shh, shh, shh, shh”
The mommy on the bus says, “Shh, shh, shh
All through the town.
(Put fingers to lips)
Recipe Book
KOOL-AID

Empty contents into large plastic or glass pitcher. Add 1 cup sugar (more or less to taste). Add cold water and ice to make 2 quarts; stir to dissolve. Do not store in metal container.

PLAY DOUGH

Measure into large bowl:

3 cups flour
½ cup salt
¼ cup vegetable oil

In a 2 cup glass measuring cup, put (in this order):

Food coloring of desired intensity
Boiling water to equal 2 cups liquid total

Add to liquid to flour mixture. Stir well with a heavy spoon until entire batch is thoroughly blended. Dough will be quite moist - but do not add more flour. As is sets overnight the moisture is absorbed by the flour and the next day the play dough is "just right". Store in an airtight container. Knead well just before it is first used.
SAND DOLLARS

¼ cup plain yogurt
½ teaspoon almond extract
1 cup ground pecans
½ pound shredded coconut
2 ripe bananas, peeled and cut into ¼ inch thick rounds

1. In a bowl, combined yogurt and almond extract. Set aside.
2. Place ground pecans and coconut in separate bowls.
3. Spear a banana slice with a fork and dip the round into the yogurt mixture. Dip next into either pecans or coconut.
4. Place a cookie sheet and remove fork. Repeat until all slices have been covered.
5. Cover cookie sheet with plastic wrap. Place in freezer for at least 15 minutes. Serve immediately or transfer to plastic bags and store in freezer.

HIGH SEAS SLUSH

1 10-ounce package frozen raspberries, slightly thawed
1 6-ounce can frozen orange-pineapple juice concentrate
2 ½ cups carbonated lemon-lime soda, chilled

1. In blender, combined raspberries and orange-pineapple juice concentrate. Blend until slushy.
2. Pour into 6 tall glasses. Slowly pour lemon-lime drink down the insides of each glass, over the slush.
3. Stir gently with an up-and-down motion and serve immediately.
ANTS ON A LOG

1 stalk of celery for each child
Raisins
Peanut Butter

Spread a stalk of celery with peanut butter. Cover with raisins.

CATERPILLAR CUCUMBER

Shredded lettuce
1 cucumber
Any selection of vegetables, such as carrot slices, celery slices and leaves, parsley, radishes

Utensils:
Plate Knife and cutting board 2 wooden spoons toothpicks

1. Place the shredded lettuce on the plate. Set aside.
2. Lay the cucumber in the center of the cutting board with the wooden spoon handles place on each side of the cucumber. The spoons will prevent the cucumber from being sliced all the way through.
3. Cut the cucumber into thin slices, bumping into the spoons with each slice. The thinner the slice, the more sections the cucumber caterpillar will have,
4. Attach the remaining ingredients with toothpicks to the caterpillar to make facial features or spots. Vegetables can be placed between slices too. Any caterpillar design is delicious.
5. Arrange the caterpillar on the shredded lettuce to serve as a salad snack.

REMOVE THE TOOTHPICKS BEFORE EATING.
SPIDER SANDWICHES
(makes 2)

4 slices wheat sandwich bread
Any sandwich spread, such as peanut butter, tuna salad, soft cheese
Cheese curls or pretzel sticks
4 raisins

Utensils:
Cookie cutter, 2 ½ inch round
Plain paper plates
Black permanent marker

1. Place the bread slices on the work surface. Cut a circle from each bread slice with the cookie cutter.
2. Divide the bread circles into two equal piles.
3. Spread about 2 tablespoons of sandwich spread on all of the bread circles in one pile.
4. Press eight cheese curls or pretzel sticks in the sandwich spread half way around each circle to make the legs of the spider.
5. Place the remaining bread circle on top of the sandwich spread coated circles.
6. Using a finger, poke 2 indentations on top of each sandwich and place raisins in them.
7. Draw a spider web with the permanent black marker on a paper plate. Place one spider on each plate and serve for a silly lunch.
Attachments
# Read To Me

## For 5 and 6 Years Olds

<table>
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<tr>
<th>Author</th>
<th>Title</th>
</tr>
</thead>
<tbody>
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<td>Agee</td>
<td>INCREDIBLE PAINTINGS OF FELIX CLOUSSEAU</td>
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<tr>
<td>Allard</td>
<td>MISS NELSON IS MISSING</td>
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<td>Bannerman</td>
<td>STORY OF LITTLE BABJI</td>
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<tr>
<td>Barrett</td>
<td>ANIMALS SHOULD DEFINITELY NOT WEAR CLOTHING</td>
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<tr>
<td>Brett</td>
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<tr>
<td>Briggs</td>
<td>JIM AND THE BEANSTALK</td>
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<td>Cannon</td>
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<td>HENRY AND THE RED STRIPES</td>
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<td>Demi</td>
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<td>Galdone</td>
<td>GINGERBREAD BOY</td>
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<td>Galdone</td>
<td>LITTLE GIRL AND THE BIG BEAR</td>
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<td>Galdone</td>
<td>THREE BILLY GOATS GRUFF</td>
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<td>KoiDe</td>
<td>MAY WE SLEEP HERE TONIGHT?</td>
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<tr>
<td>Lester</td>
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</tr>
<tr>
<td>Lindgren</td>
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<tr>
<td>Lionni</td>
<td>FREDERICK</td>
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<tr>
<td>Lobel</td>
<td>STRAW MAID</td>
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<td>McGovern</td>
<td>TOO MUCH NOISE</td>
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<tr>
<td>Mosel</td>
<td>TIKKI TIKKI TEMBO</td>
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<tr>
<td>Moss</td>
<td>ZIN ZIN ZIN A VIOLIN</td>
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<tr>
<td>Noble</td>
<td>THE DAY JIMMY'S BOA ATE THE WASH</td>
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<td>LITTLE ENGINE THAT COULD</td>
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<tr>
<td>Rathman</td>
<td>OFFICER BUCKLE AND GLORIA</td>
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<td>Steig</td>
<td>DR. DE SOTO</td>
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<tr>
<td>Tolhurst</td>
<td>SOMEBODY AND THE THREE BLAIRS</td>
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<td>Tresselt</td>
<td>THE MITTEN</td>
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<td>Ungerer</td>
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<td>RUFUS</td>
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<td>Ungerer</td>
<td>THREE ROBBERS</td>
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<td>VanAllsburg</td>
<td>JUMANJI</td>
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<td>Viorst</td>
<td>ALEXANDER &amp; THE TERRIBLE, HORRIBLE, NO GOOD...</td>
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<tr>
<td>Waber</td>
<td>IRA SLEEPS OVER</td>
</tr>
</tbody>
</table>
Everyone Needs Praise

Parents, try these different ways of telling your child you are pleased with his/her efforts and proud of his/her work.

That's really nice.  Thank you for working so hard.
Wow!  Tell me more about this.
I like the way you did this.  Good answer. I'm impressed!
Keep up the good work.  Good for you!
Much better.  Now you've got the idea.
Good job.  Exactly right.
Congratulations.  Super work.
Terrific.  Nice going.
Look at how you've improved.  Let's save this one to put up on the frig.
Your work looks better every day.  Let's put a star on this paper.
These good papers call for a treat.  Beautiful handwriting.
DESK ALPHABETS

Aa Bb Cc Dd Ee Ff
Gg Hh Ii Jj Kk
Ll Mm Nn Oo Pp
Qq Rr Ss Tt Uu
Vv Ww Xx Yy Zz
Caterpillar Measuring Stick