

### ***Meal Storage Instructions***

We hope you enjoy your meals! Please take a few moments to read the information below regarding home storage and preparation of food items.

All foods requiring refrigeration must be stored immediately in refrigerator until ready to use.

Shelf stable items should be stored in clean, dry area.

Fresh Milk & Juices: Refrigeration required. Consume by the “Best By” date located on the product.

Fresh Whole Fruit: Refrigeration recommended, but not required.

String Cheese: Refrigeration required.

All Cereal, Crackers, Chips, Snack Mix: Shelf stable. No refrigeration required. Consume by the “Best By” date located on the product.

All Manufactured, Packaged, Shelf Stable Fruit/Vegetable: Shelf stable. No refrigeration required. Consume by the “Best By” date located on the product. Includes, but is not limited to, Hummus Cup, Salsa Cup, Marinara Cup, Applesauce, Craisins, and Apple Chips.

Manufactured Grain-Based Items: Previously frozen product. Shelf-stable, but consume within 5 days. Includes, but is not limited to, Oatmeal Chewy Bar, Peanut Butter & Jelly Sandwich or Grahamwich, Pillsbury Waffles or Stuffed Bagels, Mini Pancakes, and Mini Muffin Loaf.

Fresh Processed/Bagged Fruit & Vegetables: Refrigeration required. Consume within 3 days. Includes canned fruit cups.

Cold Sandwiches: Refrigeration required. Consume the same day.

Lunch items that require heating: Store in refrigerator up to 3 days or store in freezer, and use within 5 days. Follow heating instructions provided. Upon heating, consume within 2 hours.

The USDA and MSDE are equal opportunity providers.

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### Heating Instructions for Frozen Items

\* Please note: All microwaves and ovens vary in power; therefore, all cooking times are approximate and may need to be adjusted.

PRODUCT	 OVEN	 MICROWAVE
<b>Biscuit</b>	Lay frozen biscuit on baking sheet Heat at 375°F for 15-18 minutes until golden brown.	No microwave instructions available
<b>Cheese, Egg on Bun or in Flour Tortilla</b>	Thaw product before heating Heat at 275°F for 15-17 minutes Do not heat above 275°F	Heat on high 30-40 seconds
<b>Lasagna Meal or Macaroni &amp; Cheese Meal</b>	Do not open package. <u>Frozen:</u> Heat at 325°F for 35-37 minutes. <u>Thawed:</u> Heat at 325°F for 20-23 minutes. Let stand for 10 minutes before eating	Do not open package. Heat on high for 3-4 minutes. Open package, stir and re-cover to cook an additional 1-2 minutes. Let stand for 1 minute before eating.
<b>Pepperoni Stuffed Sandwich</b>	Heat at 350°F for 15 minutes. Rotate product in oven, heat for an additional 13-15 minutes.	Heat on high 2-2:30 minutes
<b>Pizza Slice</b>	Place pizza on baking sheet Thaw product before heating Heat at 350°F for 15-17 minutes	No microwave instructions available
<b>Popcorn Chicken Bites</b>	Place product on baking sheet Heat at 350°F for 10-12 minutes	No microwave instructions available
<b>Pork Sausage Patty</b>	Thaw product before heating Heat at 350°F for 10-12 minutes	Thaw product before heating Heat on high for 60-70 seconds
<b>Pancakes or Waffles</b>	Place frozen pouches in a single layer on baking sheet. Heat for 13-15 minutes at 350°F. *DO NOT place pouches directly on oven rack or let pouch touch oven sides.	Heat on high 45 seconds
<b>Pork Sausage Biscuit or with Cheese on Bun</b>	Thaw product before heating Heat at 350°F for 8-12 minutes	Thaw product before heating Open one end of wrapper Heat on high for 60-70 seconds Wait 10 seconds and enjoy
<b>Turkey Corn Dog Nuggets</b>	Place product on baking sheet Heat at 350°F for 10-15 minutes	Heat on high for 60 seconds Let stand 1 minute before serving

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