



# Diet and Nutrition

Virtual-first **SPECIALIZED** care centered around you



## Registered dietician nutritionists

Work with the right nutritionist for you, with the expertise to help you meet your goal



## Evidence-based care

Receive care grounded in science and use data to mark your progress



## Focus on addition, over restriction

Learn what foods and habits you can add to your life rather than sticking to rigid, restriction-based goals



## Built-in flexibility

Follow an approach that adapts to meet you where you are



## In-network coverage

Before you begin, we'll get in touch with you to confirm your coverage so you know what to expect

Nutrition support is one of the many ways CloseKnit is providing care centered around you. Join today for access to primary care, urgent care, mental health support and more.



## Ready to get care now?



Scan the QR code or download the CloseKnit app available on the App Store and Google Play