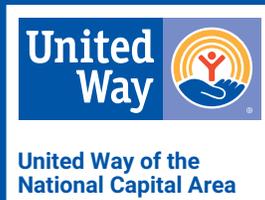




**PREFERRED PROVIDER DIRECTORY**

# **PRINCE GEORGE'S COUNTY COMMUNITY SCHOOLS**



**LIVE UNITED**

2019/2020

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Dear Prince George's Public School Principals:

Prince George's County Public Schools (PGCPS), as one of the largest school districts in the nation, has a significant charge to prepare students for college and careers in a global society. You and your staff work hard every day to realize this vision. We believe that it takes a village to raise strong children and build strong families. That responsibility cannot lie with schools alone. That is why United Way of the National Capital Area (United Way NCA) and PGCPS are partnering to bring the strongest community programming to the 45 schools designated as "community schools" as part of the Kirwan Commission's "The Blueprint for Maryland's Future."

The PGCPS Select Preferred Partner Directory is a collection of local non-profit and for-profit organizations that offer the twelve wraparound services recommended by the Kirwan Commission. The programs included in this guide have demonstrated the ability to deliver results-driven services that contribute to student success.

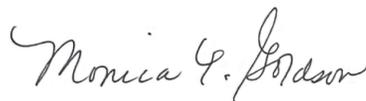
United Way NCA conducted a rigorous vetting process to find the programs that deliver the strongest results. We received interest from over 80 organizations and reviewed detailed programmatic and financial information for about 75 programs offered by 58 organizations.

United Way NCA and PGCPS are committed to making high quality services available to all students in Prince George's County – and building the capacity of organizations to meet the evolving needs of our region. As we look ahead to the 2020-2021 school year, we will work to strengthen the capacity of organizations working in the County to deliver evidence-based programming that produces results for students. The Preferred Partner Directory will evolve as we connect with more organizations and work more broadly to raise the bar for programming that takes place at our schools.

Community schools thrive on effective teaching and learning – and high impact community partnerships. Our hope is that this directory will help your school provide the high-quality services that community schools need, and students deserve. We wish you continued success and thank you for all that you do to support the students, families and communities of Prince George's County.



Rosie Allen-Herring  
President & Chief Executive Officer  
United Way of the National Capital Area



Dr. Monica E. Goldson  
Chief Executive Officer  
Prince George's County Public Schools (PGCPS)

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The Preferred Provider Directory was compiled by United Way of the National Capital Area and reflects providers and partners who exhibit some of the best service provision in the region in a number of categories important to the Prince George’s County Public School’s Community Schools initiative. The directory incorporates select providers that meet specific metrics, criteria and best practices and is organized by types of service. The Preferred Provider Directory is not an exhaustive list of providers, but is intended to be a resource representative of excellent programs that allows schools to reach the outcomes they seek for Prince George County students and their families.

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# PROVIDER DIRECTORY

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Advanced Behavioral Health  
After-School All-Stars  
Allen-Ayuk Behavioral Health Center, Inc.  
All-Star Travel, LLC  
Always Around Transportation, LLC

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**B**  
Big Brothers Big Sisters of the National Capital Area

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**C**  
Capital Area Food Bank  
CASA  
City Gate Inc  
College Bound, Inc  
Community Youth Advance

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**E**  
EveryMind

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**F**  
Families First Counseling and Psychiatry  
Financial Empowerment Center at Prince George's Community College

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**J**  
Joe's Movement Emporium

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La Clinica del Pueblo  
Latin American Youth Center  
Leaders of Tomorrow Youth Center, Inc.  
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Prevention of Blindness Society of Metropolitan Washington  
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**T**  
The Arc Prince George's County  
The Fishing School  
The One World Center for Autism  
The Training Source, Inc.  
Tom's Coach N Travel, LLC

# WHAT ARE THE 12 WRAPAROUND SERVICE CATEGORIES?

- 1** Extended Learning Time  
Before & after school, weekends, summer
- 2** Safe Transportation  
To and from school
- 3** Vision & Dental Care Services
- 4** Expanding School-Based Health Center Services
- 5** Additional Social Workers, Counselors & Restorative Practice Coaches
- 6** Enhancing Physical Wellness  
Including providing food for in-school & out-of-school time
- 7** Enhancing Behavioral Health Services  
Including access to mental health practitioners & providing PD to school staff to provide trauma-informed interventions
- 8** Engagement & Supports  
Language classes, workforce development training
- 9** Judy Centers (Early Childhood)  
Establishing & enhancing linkages
- 10** Enhancing Student Enrichment Experiences
- 11** Improving Student Attendance
- 12** Any Other Professional Development  
For school staff to identify students who need resources

## PRINCE GEORGE'S COUNTY

### North County

Laurel  
College Park  
Bowie

### Central County

Largo  
Hyattsville  
Temple Hills  
Upper Marlboro

### South County

Clinton  
Fort Washington  
Accokeek  
Brandywine



# EXTENDED LEARNING TIME

Before & after school, weekends, summer

## **Therapeutic Mentoring** **Advanced Behavioral Health** South, Central & North County

Our therapeutic mentors work with both children and families to provide weekly onsite and offsite activities to assist with homework and teach different Life Skill classes to further promote a successful future. This program also offers parent trainings and various educational field trips to enhance learning and coping with mental health issues. Some of these activities include a trip to the White House, a trip to the Chesapeake Bay, a hiking trip to Great Falls and taking care of fish and plants. All these activities promote learning about history, Bay conservation efforts, self-care and responsibility. The youth have also participated in feeding the homeless, writing letters to soldiers, visiting Children's Hospital during the holidays to drop gifts and many other activities.

**Ana Dasilva**  
ADasilva@abhmaryland.com  
240.483.3850

**Advanced Behavioral Health**  
7474 Greenway Center Drive, Suite 730  
Greenbelt, MD 20770  
abhmaryland.com

## **After-School All-Stars** **Comprehensive After-School** Central County

After-School All-Stars (ASAS) offers a comprehensive afterschool program, every day school is in session from the end of the school day to 6:00 pm. The program is free and available to all students enrolled at the site of service. The afterschool programming includes academic support and varied enrichment activities such as fitness and wellness, career exploration, service learning, arts and culture, and Science Technology Engineering Math (STEM) experiences. By partnering with other organizations or individuals specialized in various fields, ASAS is able to offer a robust STEM program including coding, DJ classes, music production, video game development, digital photography, and real estate development/architecture. The fitness and wellness component explores physical movement but also healthy nutrition through cooking classes and concepts of sustainability through school gardens and urban agriculture. Career exploration allows students to discover careers and plan their future academic and career path. All activities are imbued with socio-emotional learning activities.

**Daniela Grigioni**  
daniela@as-as.org  
202.759.1084

**After-School All-Stars**  
1331 H Street NW, Suite 1100  
Washington, DC 20005  
asasdc.org

## **Mi Espacio** Central & North County

Mi Espacio is CASA's premier leadership program for youth in Baltimore and Langley Park, Maryland. Since 2014, Mi Espacio aims to address the challenges faced by immigrant, first generation youth in Baltimore and Langley Park through a dynamic and highly tailored after-school program focused on academic success, leadership development, and socio-economic integration. The program combines academic instruction, ESOL (English for Speakers of Other Languages) instruction, health and wellness workshops, financial education and career development sessions, mentoring opportunities and leadership development classes to provide a productive space for youth to thrive after-school, and help at-promise youth directly and proactively address challenges to academic achievement and graduation in a culturally and linguistically competent way. The program's key components: 1) Academic support: daily, targeted academic support through tutoring or direct instruction; 2) Social justice and leadership development trainings: twice a week youth organizers lead social justice and leadership development sessions to expand youth's empowerment and collective power; 3) Mentorship opportunities: working with local universities and partnerships, we identify potential candidates to become mentors for participants; and 4) Summer internships: each participant is asked to take on a summer internship (providing a small stipend) with local businesses, agencies or other potential partners.

**Maritza Solano**  
msolano@wearecasa.org  
240.296.2901

**CASA**  
8151 15th Avenue  
Langley Park, MD 20783  
wearecasa.org

## **21st Century Community Learning Center;** **AmeriCorps tutoring** Central County

Over 19 years City Gate has developed an experience-tested, research-based youth development program that understands the culture of its community and positively engages 250 children (primarily Wards 7-8) in DC and since 2012 an additional 50 children in Prince George's County. In order to close a persistent achievement gap that separates economically disadvantaged, minority students from their more affluent peers, City Gate evolved a model reflecting best practices, utilizing adaptive learning, STEM, a reading emphasis, off-site expeditionary learning, and parent engagement, along with homework help, recreation, and daily nutritious meals. We have operated our current 21 st Century Community Learning Centers for 8 years at DC community-based sites (but readily adaptable to school sites). A new AmeriCorps tutoring program implemented in 2018 at Payne Elementary School in DC combines before and after school programming with Members providing individualized and small group instruction during the school day under the supervision of the classroom teacher.

**Dr. Lynn Bergfalk**  
lynn.bergfalk@city-gate.org  
202.528.0162

**City Gate, Inc.**  
3920 Alton Place NW  
Washington DC 20016  
city-gate.org

## **Academic Mentoring Program** Central County

As early as 8th-grade, the Academic Mentoring Program (AMP) exposes its students to college-educated professionals who provide immense perspective on the college process from scholarships, college applications, and college completion. At the core of our work are our mentors. Each student is paired with a college-educated professional who becomes their academic mentor and engages one-on-one with them once a week for two hours. In addition, mentors are required to spend time outside of the weekly session with their mentee, in order to build a stronger, more personal relationship. Mentors also encourage and support students in seeking additional academic supports as needed to strengthen their subject content mastery. The AMP model targets four key areas to ensure college readiness; early college and career

exposure, academic enrichment with a focus on STEM, financial literacy and scholarship opportunities, and individualized support throughout the college application and selection process.

**Kenneth Ward**  
Kenneth@collegebound.org  
202.842.0858

**College Bound, Inc.**  
M Street NW, Suite 220  
Washington, DC 20001  
collegebound.org

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### **Newton's Thinker's After School Program** Central & North County

Community Youth Advance's Newton's Thinker's After School Program provides academic and enrichment activities focused on math, literacy and STEAM. The program will operate weekdays from 2:30 to 5:30 pm. Sessions are devoted mainly to academics, with two days focused on Math and Literacy, two days on STEAM, and one day for Health and Wellness. On Saturdays, students are provided mentoring and service-learning activities, while parents receive workshops that develop and reinforce their skills. Newton's Thinkers Tutors work with students by grade level, emphasizing a specific subject area each day. They also work together as an entire group on special projects. CYA uses an interdisciplinary literacy-based program, iRead, that teaches students how to exercise critical reading skills in language arts, science and mathematics. Newton's Thinkers instructors use Bridges Math Intervention curriculum designed to supplement day school instruction by providing targeted small group and one-on-one instruction.

**Cindy Martin**  
CMartin@cyadvance.org  
240.770.3870

**Community Youth Advance**  
2342 Vermont Avenue, Unit #1  
Hyattsville, MD 20785  
cyadvance.org

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### **Club Joe's Arts Education After School** Central & North County

Club Joe's Arts Education After School is a Maryland-state certified daily after school arts education program, offered from 2-6 pm, serving youth ages 5-13 cultivating creativity and providing a positive space to play and learn. Offered in a creative, vibrant, and supportive

learning environment, children learn team building, critical thinking, and problem-solving skills daily while sharpening their fine motor and cognitive abilities, as well as their artistic skill. This is done through arts-facing, age-appropriate instruction, which includes: 1) 90 minutes of classes in movement, visual arts, creative writing, vocals, and music; 2) 45 minutes of free time and/or creative play, to develop personal character traits and build critical social skills; and, 3) Healthy snack and homework help.

**LaTanya Robinson**  
LaTanya@joesmovement.org  
301.699.1819 x106

**Joe's Movement Emporium**  
3309 Bunker Hill Road  
Mount Rainier, MD 20712  
joesmovement.org

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### **LAYC/MMYC's After-School Programs** Central & North County

LAYC/MMYC's after-school programs in Prince George's County provide a diverse set of wraparound services and resources designed to close the achievement gap in low-income youth and youth of color. Services are offered during the school year and for five to six weeks during the summer. Services include: 1) academic support: homework assistance, tutoring; 2) enrichment programming: physical fitness, health and nutrition, and art and media classes; 3) wellness services: referrals for mental health needs, health screenings, dental workshops, and social-emotional learning; and 4) family and community engagement: parent workshops, English classes, and community events.

**Alyson Moore**  
alyson@layc-dc.org  
301.779.2851 x 325

**Latin American Youth Center**  
1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org

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### **LAYC's Job Readiness Training** Central & North County

LAYC/MMYC's Job Readiness Training services are designed to provide youth with job readiness and life skills training, and connecting them to employment. Through these services youth will be prepared to enter the workforce and successfully retain employment. Job readiness training offers participants bilingual activities, classes, and workshops that enhance their ability to find

employment, including: team-building exercises to help participants learn how to work together; resume and cover letter writing workshops; field trips to visit prospective employers; mock interviews conducted by non-LAYC staff and potential employers to help participants anticipate and prepare for questions they may receive during interviews and to diffuse some of the anxiety associated with the job interview process; and career exploration workshops that expose participants to lines of work in which they might be interested.

**Roger Figueroa**  
r.figueroa@layc-dc.org  
301.779.2851 x 133

**Latin American Youth Center**  
1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org

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### **Arts Enrichment and Professional Development** South, Central & North County

Through arts education programs and more, Leaders of Tomorrow Youth Center, Inc. enriches the lives of thousands of underserved youth in the Maryland and District of Columbia school systems, empowering them to develop their artistic talents and achieve their greatest potential. Since its inception in 2004, LTYC has continuously expanded its programming, geographic outreach, and calendar, building more and stronger relationships among students, families, and the community. With 6 full-time employees and an extended network of artists, educators, and consultants, LTYC is committed to fostering positive social development, academic success and creativity in the minds of youth today. Our mission is to teach youth the fundamentals of leadership and encourage them to use their gifts and strengths to promote success and balance in their lives.

**Dana Carr**  
dana.carr@ltyc.net  
443.742.4103

**Leaders of Tomorrow Youth Center, Inc.**  
PO Box 1213  
Owings Mills, MD 21117  
ltyc.net

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## Civics and Citizenship

South, Central & North County

Liberty's Promise operates after-school programs on civic engagement, which familiarize low-income, immigrant youth with their community, civics, and college and career opportunities. These programs take place for 10 weeks, twice annually, once in the fall and once in the spring, and feature 30+ hours of programming in each 10-week session. We invite elected representatives to visit our program, go on field trips to DC or local sites of civic importance, undertake service-learning projects, and learn about in-school resources for success. Liberty's Promise is now entering our ninth year of service in Prince George's County. We first implemented programs at High Point and Parkdale High Schools during the 2010-11 school year and have since expanded to Northwestern and Bladensburg High Schools. To date, we have worked with 851 county youth. Our programs help youth stay in school, graduate, move on to some form of post-secondary education, and embark on meaningful careers.

### Dr. Robert M. Ponichtera

rponichtera@libertypromise.org  
703.549.9950

### Liberty's Promise

2900A Richmond Highway  
Alexandria, VA 22305-3023  
libertypromise.org

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## MFL Band & Orchestra Program

Central & North County

Music for Life's Band & Orchestra Program provides low income youth the opportunity to fully participate in their school's music program. Participation has become expensive for families; often youth require private lessons to become proficient. Increasingly low-income families cannot afford for their children to participate or their children become discouraged because they cannot keep pace with their peers receiving private lessons. Our program operates in middle and high schools; it provides families financial support as needed so their children can fully participate and their children free lessons on any instrument so they develop the proficiency necessary to succeed in their school's program. We also mentor students on career opportunities and the importance of education. Our lessons are integrated into the school's after-school program and taught by credentialed music instructors; they are provided at school throughout the school year and, when appropriate, at their homes over the summer.

### Skip Chaples

skip.chaples@musicforlife.org  
703.644.1311

### Music for Life

7453 Long Pine Drive  
Springfield, VA 22151  
musicforlife.org

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## SIHLE: Sisters Informing Healing Living Empowering

Central & North County

Over the years, PPMW has taken more than 853 girls through SIHLE. PPMW has upgraded the curriculum, evolving with the times and making it robust and distinct. SIHLE at PPMW is six sessions in total, averaging 8-10 program hours per cohort. Typically, SIHLE is taught in an after school setting with PPMW facilitators recruiting students, and implementing programming once a week for 60 minutes for 6 weeks. During the 6 weeks of programming, students learn about the following topics: body autonomy, self-care, sexually transmitted infections (STIs), HIV/AIDS, PrEP/PEP, birth control, healthy relationships, and communication. Pre and post-assessments are administered at the beginning and the end of the program. Alumnae of the cohort help recruit students for future cohorts. Participants in the program are also invited to interact with SIHLE participants from different schools and organizations through quarterly events outside of normal programming. This model can be adapted depending on the program setting.

### Victoria Ogunleye

victoria.ogunleye@ppmw.org  
202.763.7411 x1002

### Planned Parenthood of Metropolitan Washington, DC

1225 4th Street NE  
Washington, DC 20002  
ppmw.org

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## The Fishing School's Afterschool and Summer Success Program

Central & North County

The Fishing School (TFS) prepares public school youth for success in high school and life by improving their academic performance and life skills through intensive, multi-year, and research-based out-of-school time and parental engagement programs and activities. The core of TFS' approach is the Cohort Model, a continuous commitment to children featuring three main components: TFS' Elementary Afterschool Program builds 1) academic and life skills to

develop participants' ability to attain their personal goals; 2) in the Summer Camp, participants receive support to build and maintain academic and social skills through the summer months to prevent summer learning loss; lastly, 3) the Family Engagement and Support Program offers an extensive array of activities to parents to promote networking, skill building, and engagement in their child's academic and personal success. TFS' curriculum includes many unique units, such as STEAM (Science, Technology, Engineering, Arts, and Math), College Readiness, Read-alouds, Life Skills, and Clubs.

### Quinci Moody

qmoody@fishingschool.org  
202.399.3618 x8

### The Fishing School

4737 Meade St NE  
Washington, DC 20019  
fishingschool.org

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## Youth Leadership Program

South, Central & North County

The Youth Leadership Program is a 3-year program helps 10th-12th grade students develop leadership and mentoring skills, make smart choices, graduate on time, and successfully transition to college or careers. Students meet monthly during the academic school year, discussing topics selected by youth and presented by youth teams. Throughout the program, students' grades and school progress are tracked. Participants develop team, problem solving, communication and presentation skills. Speakers and field trips (HBCU East Coast Tour, museums, youth conferences, career fairs, etc.) expose students to information, places and points of interest throughout the region and beyond. Seniors receive college recommendation letters, scholarship nominations and a one-time scholarship to the school of their choice. Now in its 16th year, the program has a 95% success rate and has produced high school valedictorians and salutatorians, and masters degree professionals.

### Iris Somerville

isomerville@thetrainingsource.org  
301.499.8872

### The Training Source, Inc.

59 Yost Place  
Seat Pleasant, MD 20743  
thetrainingsource.org

# SAFE TRANSPORTATION

## To and from school

### **A&K Family Learning Place, Inc.**

South, Central & North County

A&K provides Student Transportation in Prince George's County and Anne Arundel County. We have been approved by the The Maryland Public Service Commission to operate as a Charter/ Contract Passenger Carrier by motor vehicles in intrastate commerce in Maryland. As a transportation provider our services are designed to meet the needs of students attending Public, Charter and Private Schools. We currently support over 20 schools with an enrollment of over 170 students that we transport to and from school. A&K has expanded its fleet to support Field Trips for our Schools. We can transport a small group with a minimum up to 5 or a larger group with a maximum up to 50. A&K's goal and objective is to provide safe and reliable transportation for our students.

#### **Kimberlyn Waterman**

tkwater2@comcast.net  
240.508.5561

### **A&K Family Learning Place, Inc.**

1706 Plane Tree Way  
Bowie, MD 20721  
akfamilylearningplace.org

### **Always Around Transportation, LLC**

South & Central County

Classified and approved by the Public Service Commission, we are an authorized "For-Hire" transportation company for Prince George's County. We have been providing door-to-door transportation for Prince George's County Schools (public, private and charter) since 2014.

#### **Pamela Steiner**

alwaysaround2014@gmail.com  
240.280.9717

### **Always Around Transportation, LLC**

2105 Roxanne Place  
Temple Hills, MD 20748  
alwaysaround2014@gmail.com

### **All-Star Travel, LLC.**

South & Central County

All-Star Travel, LLC is a family transportation business that takes pride in giving safe, high-quality transportation services. The founders are: - A Driver of more than 20 years with a Stella driving record. He has worked with agencies including Andrews Air Force Base transporting generals and officers, foreign country VIPs and dignitaries. At Annapolis Bus Company he transported primary and high school students, general adults, as well as senior citizens. - An Educator who has spent years working with children, establishing and overseeing early childhood programs. She has vast experiences working with children with special needs. - A Physician who has worked in pediatric care at the top of her profession, rated by her peers and patients as a top physician. All-Star Travel, LLC school transportation also include safety information sessions, real time communication to and from each vehicle and travel attendants when needed, to support safe travel services. Transportation options include: 1) Door to door where children are picked up at home, and transported to school and returned home after school. 2) Hub stops at a central location that allows parents to meet the vehicle for the student morning pick up an afternoon drop off. 3) Additional options of having student transport during am only, or pm only, or transportation to another designated location. All-Star Travel, LLC provides student transportation in North County, and Central County. We are certified by the Maryland Public Service Commission (PSC), and the Washington Metropolitan Area Transit Commission (WMATC). All drivers are experienced, state certified and have passed the state and federal criminal history background checks.

#### **Arlene Nichols**

allstarSfortravel@gmail.com  
301.218.5387

### **All-Star Travel, LLC**

808 Sturbridge Lane  
Bowie, MD 20716  
all-startravel.net

### **Tom's Coach N Travel, LLC**

Central & North County

Safety is built into our transportation program. School bus drivers are dedicated to their jobs with great reliability, punctuality, and safety. Drivers safely transport students to and from school daily. While driving, they must also monitor students behavior, handle traffic situations and the motoring public in all types of weather. Our drivers know that a school bus is the beginning of an outstanding education for our students. Because our drivers understand the need for students to experience a wonderful school life-style, we are announcing "Student Recognition Program" which includes our bus drivers giving awards to students that shows kindness, good behavior, and encourage other students to do the same on the school bus. Also our vehicles are inspected by MVA, PSC, DOT and Maryland State Police School Bus Safety Division. We are proud to provide charter school bus services throughout the metropolitan area. Currently, we provide service to several charter schools in Prince George's County.

#### **Thomas Ellis**

tcnt@msn.com  
301.633.0733

### **Tom's Coach N Travel, LLC**

14604 Jones Bridge Road  
Bowie, MD. 20721  
tomscoachntravel.com

# VISION & DENTAL CARE SERVICES



## LAYC/MMYC's After-School Programs

Central & North County

LAYC/MMYC's after-school programs in Prince George's County provide a diverse set of wraparound services and resources designed to close the achievement gap in low-income youth and youth of color. Services are offered during the school year and for five to six weeks during the summer. Services include: 1) academic support: homework assistance, tutoring; 2) enrichment programming: physical fitness, health and nutrition, and art and media classes; 3) wellness services: referrals for mental health needs, health screenings, dental workshops, and social-emotional learning; and 4) family and community engagement: parent workshops, English classes, and community events.

### Alyson Moore

alyson@layc-dc.org  
301.779.2851 x325

### Latin American Youth Center

1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org

## Children's Vision Screenings & Prescription Eyeglasses

South, Central & North County

Our program aims to provide same day vision screenings and prescription eyeglasses to school-age (5-18) children on-site at schools. Screenings test for distance acuity, amblyopia and strabismus. Because many common vision issues can be resolved with eyeglasses, POB couples vision screenings with our mobile eyeglasses clinic and on-site eyeglasses fittings. If prescribed eyeglasses, the child is able to pick out two frames of their own choosing, and our on-site optician fits and measures the child for their new eyeglasses to ensure proper fit. New eyeglasses are delivered to the school within three weeks.

### Eszter Szabo

ESzabo@youreyes.org  
202.234.1010

### Prevention of Blindness Society of Metropolitan Washington

233 Massachusetts Avenue NE  
Washington, DC 20002  
youreyes.org

# EXPANDING SCHOOL-BASED HEALTH CENTER SERVICES



## Family Markets

South, Central & North County

Family Markets are monthly, farmer's market-style grocery distributions at public and charter schools that create greater access to good, healthy food for families. Markets help address challenges working families face by providing free groceries right where students attend school; schools where over 50% of the student body is eligible for Free/Reduced Meals. Parents can choose the items they want, along with recipes to put ingredients to use, making it easier for parents to prepare nutritious meals at home. Of the food distributed, roughly half is fresh produce. Over the course of the 2019-20 school year, Capital Area Food Bank will distribute 425,000 meals in Prince George's County through Family Markets. We also partner with organizations that can provide additional services during distributions such as utility assistance, SNAP enrollment assistance, housing assistance and basic health screenings. Our cooking demonstrations and nutrition education courses also supplement the market experience.

### Chanel Carter

ccarter@capitalareafoodbank.org  
202.769.5660

### Capital Area Food Bank

4901 Puerto Rico Avenue NE  
Washington, DC 20017  
capitalareafoodbank.org

## School-Based Mental Health Service

South, Central & North County

EveryMind's comprehensive evidence-based, trauma informed mental health services are designed to ensure every youth receives the care, support, and attention they deserve. Licensed clinicians provide individual, family and group services that are developed in collaboration with the youth and family to meet each youth's specific needs. Services support the development of healthy behaviors and relationships, improved coping skills, and improved outcomes for the youth such as decreased truancy, fewer behavioral referrals, and improved overall school engagement. Counseling services are provided to low-income children, youth, and families including those without insurance or those insured with Medicaid. EveryMind removes barriers to accessing mental health by embedding services in school settings which also facilitates collaborative teaming with school partners creating more integrated, holistic counseling services.

### Diana Barney

DBarney@every-mind.org  
301.424.0656 x515

### EveryMind

1000 Twinbrook Parkway  
Rockville, MD 20851  
every-mind.org

## Family Empowerment Services

South, Central & North County

EveryMind's Family Empowerment services recognizes that every parent has potential by engaging parents from a variety of cultural and socioeconomic backgrounds in developing and implementing plans for family self-sufficiency and well-being. Self-sufficient families are able to ensure that the physical, psychological, and educational needs of each family member are consistently met. EveryMind engages families through individual case management, parent groups, and leadership initiatives focused on person-centered goals. Individual case management is a personalized collaborative process of identifying and achieving individual and family goals. Parent groups provide a safe space for parents to connect with each other, increase advocacy skills, and gain information on topics relevant to their goals. Leadership Initiatives offer motivated clients who have significant barriers to achieving their goals opportunities to surpass these barriers. Through the skills and resources gained, graduates of Family Empowerment services are better able to support their youth, family, school, and community.

### Diana Barney

DBarney@every-mind.org  
301.424.0656 x515

### EveryMind

1000 Twinbrook Parkway  
Rockville, MD 20851  
every-mind.org

# EXPANDING SCHOOL-BASED HEALTH CENTER SERVICES Continued



## **Mi Refugio (My Refuge)** Central & North County

Mi Refugio is La Clinica del Pueblo's School-Based Mental Health and Support Program. The program was launched in 2015 at Northwestern High School in Hyattsville. The program provides group, family, and individual mental health therapy and support, case management, tutoring, leadership development, and social support to low-income Latino immigrant youth. Services are provided by bilingual, culturally competent, trauma-informed, licensed staff. Currently, at Northwestern High School we are able to serve between 160-180 students. La Clinica aims to achieve the following long-term outcomes for participants: 1) Increase ability to manage sadness or depression and improve relationships with parent/caregiver; 2) Increase ability to talk about traumatic events and improve symptoms of chronic PTSD; 3) Detect and address child abuse; 4) Enhance life and social skills. With our Mi Refugio program, for the past two years, 100% of the seniors enrolled in our program have graduated for High School.

**Annie Sylvain**  
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202.448.2845

**La Clinica del Pueblo**  
2831 15th St NW  
Washington, DC 20009  
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## **LAYC/MMYC's After-School Programs** Central & North County

LAYC/MMYC's after-school programs in Prince George's County provide a diverse set of wraparound services and resources designed to close the achievement gap in low-income youth and youth of color. Services are offered during the school year and for five to six weeks during the summer. Services include: 1) academic support: homework assistance, tutoring; 2) enrichment programming: physical fitness, health and nutrition, and art and media classes; 3) wellness services: referrals for mental health needs, health screenings, dental workshops, and social-emotional learning; and 4) family and community engagement: parent workshops, English classes, and community events.

**Alyson Moore**  
alyson@layc-dc.org  
301.779.2851 x325

**Latin American Youth Center**  
1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org

## **SIHLE: Sisters Informing Healing Living Empowering** Central & North County

Over the years, PPMW has taken more than 853 girls through SIHLE. PPMW has upgraded the curriculum, evolving with the times and making it robust and distinct. SIHLE at PPMW is six sessions in total, averaging 8-10 program hours per cohort. Typically, SIHLE is taught in an after school setting with PPMW facilitators recruiting students, and implementing programming once a week for 60 minutes for 6 weeks. During the 6 weeks of programming, students learn about the following topics: body autonomy, self-care, sexually transmitted infections (STIs), HIV/AIDS, PrEP/PEP, birth control, healthy relationships, and communication. Pre and post-assessments are administered at the beginning and the end of the program. Alumnae of the cohort help recruit students for future cohorts. Participants in the program are also invited to interact with SIHLE participants from different schools and organizations through quarterly events outside of normal programming. This model can be adapted depending on the program setting.

**Victoria Ogunleye**  
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**Planned Parenthood of  
Metropolitan Washington, DC**  
1225 4th Street NE  
Washington, DC 20002  
ppmw.org

# ADDITIONAL SOCIAL WORKERS, COUNSELORS, & RESTORATIVE PRACTICE COACHES

## ABH Psychiatric Services

South, Central & North County

Our team of highly experienced Psychiatrists and Nurse Practitioners provide a comprehensive approach to psychiatric treatment in our five locations. Our team meets with individuals to assess their psychiatric needs and to assess for medication management if needed. All prescribers are conservative when prescribing medication and promote therapy prior to prescribing any medications. If and when medication is needed, our providers explain the risks, benefits of any medication and involve parents in the process.

### Jennifer Chen

jchen@abhmaryland.com  
301.345.1022

### Advanced Behavioral Health

7474 Greenway Center Drive, Suite 730  
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abhmaryland.com

## Off-Site Counseling Services

South, Central & North County

Our team of Licensed Therapists use evidenced based practices to assist individuals and families with reaching their goals. These practices include TFCBT, CBT+, Play Therapy and many others. Through ongoing collaboration with different school districts, our clinicians provide therapy in area schools to address mental health issues to reduce maladaptive behaviors both in the classroom and at home. Through weekly in-home family therapy, our clinicians work with guardians to build healthy relationships with their children to overcome different obstacles. They further work on providing support to families by attending IEP meetings, when appropriate, to address educational needs and improve school attendance.

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## On-Site Therapy

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Our clinic-based therapists provide traditional counseling services in each of our clinic locations for a range of emotional, behavioral, and psychological issues. A variety of modalities are utilized to customize the therapeutic interventions.

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## Therapeutic Mentoring

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Our therapeutic mentors work with both children and families to provide weekly onsite and offsite activities to assist with homework and teach different Life Skill classes to further promote a successful future. This program also offers parent trainings and various educational field trips to enhance learning and coping with mental health issues. Some of these activities include a trip to the White House, a trip to the Chesapeake Bay, a hiking trip to Great Falls and taking care of fish and plants. All these activities promote learning about history, Bay conservation efforts, self-care and responsibility. The youth have also participated in feeding the homeless, writing letters to soldiers, visiting Children's Hospital during the holidays to drop gifts and many other activities.

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## Psychiatric Rehabilitation Program

South, Central & North County

A Psychiatric Rehabilitation Program (PRP) works to assist individuals living with mental illness to reach a higher level of independence and improve their overall quality of life. Our PRP program will assist individuals and families with accessing and coordinating services within the community. Our staff will support, advocate for, and empower individuals to reach their goals.

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### Allen-Ayuk Behavioral Health Center, Inc.

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## School-Based Mental Health Service

South, Central & North County

EveryMind's comprehensive evidence-based, trauma informed mental health services are designed to ensure every youth receives the care, support, and attention they deserve. Licensed clinicians provide individual, family and group services that are developed in collaboration with the youth and family to meet each youth's specific needs. Services support the development of healthy behaviors and relationships, improved coping skills, and improved outcomes for the youth such as decreased truancy, fewer behavioral referrals, and improved overall school engagement. Counseling services are provided to low-income children, youth, and families including those without insurance or those insured with Medicaid. EveryMind removes barriers to accessing mental health by embedding services in school settings which also facilitates collaborative teaming with school partners creating more integrated, holistic counseling services.

### Diana Barney

DBarney@every-mind.org  
301.424.0656 x515

### EveryMind

1000 Twinbrook Parkway  
Rockville, MD 20851  
every-mind.org

## Family Empowerment Services

South, Central & North County

EveryMind's Family Empowerment services recognizes that every parent has potential by engaging parents from a variety of cultural and socioeconomic backgrounds in developing and implementing plans for family self-sufficiency and well-being. Self-sufficient families are able to ensure that the physical, psychological, and educational needs of each family member are consistently met. EveryMind engages families through individual case management, parent groups, and leadership initiatives focused on person-centered goals. Individual case management is a personalized collaborative

# ADDITIONAL SOCIAL WORKS, COUNSELORS & RESTORATIVE PRACTICE COACHES Continued

process of identifying and achieving individual and family goals. Parent groups provide a safe space for parents to connect with each other, increase advocacy skills, and gain information on topics relevant to their goals. Leadership Initiatives offer motivated clients who have significant barriers to achieving their goals opportunities to surpass these barriers. Through the skills and resources gained, graduates of Family Empowerment services are better able to support their youth, family, school, and community.

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## Trauma Training for Clinicians and School Professionals

South & Central County

FFCP offers training in trauma informed treatment. The program is taught by seasoned clinicians who are certified instructors in trauma informed care. The training has several specific programs that can be taken either individually or as a total package. There are trainings for clinicians for ultimate Starr Certification in trauma informed care and also trainings for school staff including trauma informed school assessment and analysis.

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7474 Greenway Center Drive, Suite 700B  
Greenbelt, MD 20770  
ffcpmaryland.com

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## Linkages to Care

North County

Mary's Center will have a part time Community School Coordinator at one of the North County PG County schools who would help families get access to resources. Any student at this school can receive a referral to Mary's Center via the Community Schools Coordinator (CSC). Mary's Center will also implement a School-Based Mental Health (SBMH) site at two of the North County PG County schools. A provider would serve students two days a week at an elementary school and three days a week at a middle school. By the end of that school year, our hope is that the clinician will provide services to 10 students at the elementary school and 20 students at the middle school by providing both individual therapy and group therapy. If demand exists, more clinicians may be added to the school site to serve more students.

**Andrea D. Zawatsky**  
azawatsky@maryscenter.org  
202.276.4027

**Mary's Center**  
344 University Boulevard West  
Silver Spring, MD 20901  
maryscenter.org

# ENHANCING PHYSICAL WELLNESS

Including providing food for in-school & out-of-school time

## Brighter Bites

South, Central & North Counties

Brighter Bites is a nonprofit that creates communities of health through fresh food with the goal of changing behavior among children and families to prevent obesity and achieve long-term health. Brighter Bites is an evidence-based, multi-component elementary school, preschool, and summer camp program that utilizes reliable access to fruits and vegetables, nutrition education, and consistent exposure to recipes and messages that feature fresh food. Each week families and teachers participating in Brighter Bites receive two bags containing approximately 50 servings of 8 to 12 different fresh produce items along with nutrition education materials and a recipe sample to see how good fresh produce tastes. Since 2012, Brighter Bites has provided more than 25 million pounds of produce and 100,000s of nutrition education materials to more than 275,000 individuals (including teachers) in Houston, Dallas, Austin, New York City, Prince George's County (MD), and Southwest Florida. To learn more visit [BrighterBites.org](http://BrighterBites.org).

### Carolina Moppett

[carolina.moppett@brighterbites.org](mailto:carolina.moppett@brighterbites.org)  
703.927.8272

### Capital Area Food Bank

4900 Puerto Rico Avenue NE  
Washington, DC 20017  
[capitalareafoodbank.org](http://capitalareafoodbank.org)

## Family Markets

South, Central & North County

Family Markets are monthly, farmer's market-style grocery distributions at public and charter schools that create greater access to good, healthy food for families. Markets help address challenges working families face by providing free groceries right where students attend school; schools where over 50% of the student body is eligible for Free/Reduced Meals. Parents can choose the items they want, along with recipes to put ingredients to use, making it easier for parents to prepare nutritious meals at home. Of the food distributed, roughly half is fresh produce. Over the course of the 2019-20 school year, Capital Area Food Bank will distribute 425,000 meals in Prince George's County through Family Markets. We also partner with organizations that can provide additional services during distributions such as utility assistance, SNAP enrollment assistance, housing assistance and basic health screenings.

Our cooking demonstrations and nutrition education courses also supplement the market experience.

### Chanel Carter

[ccarter@capitalareafoodbank.org](mailto:ccarter@capitalareafoodbank.org)  
202.769.5660

### Capital Area Food Bank

4901 Puerto Rico Avenue NE  
Washington, DC 20017  
[capitalareafoodbank.org](http://capitalareafoodbank.org)

## 21st Century Community Learning Center; AmeriCorps Tutoring

Central County

Over 19 years City Gate has developed an experience-tested, research-based youth development program that understands the culture of its community and positively engages 250 children (primarily Wards 7-8) in DC and since 2012 an additional 50 children in PGC. In order to close a persistent achievement gap that separates economically disadvantaged, minority students from their more affluent peers, City Gate evolved a model reflecting best practices, utilizing adaptive learning, STEM, a reading emphasis, off-site expeditionary learning, and parent engagement, along with homework help, recreation, and daily nutritious meals. We have operated our current 21st Century Community Learning Centers for 8 years at DC community-based sites (but readily adaptable to school sites). A new AmeriCorps tutoring program implemented in 2018 at Payne Elementary School in DC combines before and after school programming with Members providing individualized and small group instruction during the school day under the supervision of the classroom teacher.

### Dr. Lynn Bergfalk

[lynn.bergfalk@city-gate.org](mailto:lynn.bergfalk@city-gate.org)  
202.528.0162

### City Gate, Inc.

3920 Alton Place NW  
Washington, DC 20016  
[city-gate.org](http://city-gate.org)



## Club Joe's Arts Education After School

Central & North County

Club Joe's Arts Education After School is a Maryland-state certified daily after school arts education program, offered from 2-6 pm, serving youth ages 5-13 cultivating creativity and providing a positive space to play and learn. Offered in a creative, vibrant, and supportive learning environment, children learn team building, critical thinking, and problem-solving skills daily while sharpening their fine motor and cognitive abilities, as well as their artistic skill. This is done through arts-facing, age-appropriate instruction, which includes: 1) 90 minutes of classes in movement, visual arts, creative writing, vocals, and music; 2) 45 minutes of free time and/or creative play, to develop personal character traits and build critical social skills; and, 3) Healthy snack and homework help.

### LaTanya Robinson

LaTanya@joesmovement.org  
301.699.1819 x106

### Joe's Movement Emporium

3309 Bunker Hill Road  
Mount Rainier, MD 20712  
joesmovement.org

## LAYC/MMYC's After-School Programs

Central & North County

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## Planned Parenthood of Metropolitan Washington, DC

1225 4th Street NE  
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## Wrap Around Services: Emergency Food, Diapers and Healthcare Outreach

South, Central & North County

As part of SEED's community outreach efforts, the SEED Food Distribution Center and Coat of Many Colors Clothes Closet provides emergency food and clothing. Nutrition classes, fresh produce giveaway and a family market at EXCEL Academy are part of the monthly outreach. SEED is also an affordable healthcare enrollment site in partnership with the Prince George's County Department of Social Services. Residents are guided through the process of signing up for quality healthcare options. Health education classes are also offered.

### Tamara Nunes

tnunes@seedinc.org  
301.458.9808 x102

## Sowing Empowerment and Economic Development

6201 Riverdale Road, Suite 200  
Riverdale, MD 20735  
seedinc.org



# ENHANCING BEHAVIORAL HEALTH SERVICES

Including access to mental health practitioners & providing PD to school staff to provide trauma-informed interventions

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## EveryMind Community Education Services

South, Central & North County

EveryMind's community education efforts promote awareness of mental health and wellness issues and seek to reduce the stigma surrounding mental illness. EveryMind is a leading provider of Mental Health First Aid (MHFA), an 8-hour evidence-based

training presented by certified Mental Health First Aid USA instructors. The curriculum focuses on assisting someone developing a mental health condition or substance use disorder or experiencing a mental health or substance use related crisis. We offer the Adult and Youth modules (for Adults working with youth ages 12-18). In addition to MHFA, our experienced staff deliver evidence-based trainings on a variety of mental health and wellness topics. Trainings are tailored to the specific needs of the audience. Some of our most requested topics, include: Mental Health and Wellness, Suicide Prevention, How to Support Someone in a Crisis, Bullying and Anger Management, Improving Your Wellbeing Through Self-care, Providing Trauma-Informed Care.

**Karishma Sheth**

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**Arts Enrichment and Professional Development**

South, Central & North County

Through arts education programs and more, Leaders of Tomorrow Youth Center, Inc. enriches the lives of thousands of underserved youth in the Maryland and District of Columbia school systems, empowering them to develop their artistic talents and achieve their greatest potential. Since its inception in 2004, LTYC has continuously expanded its programming, geographic outreach, and calendar, building more and stronger relationships among students, families, and the community. With 6 full-time employees and an extended network of artists, educators, and consultants, LTYC is committed to fostering positive social development, academic success and creativity in the minds of youth today. Our mission is to teach youth the fundamentals of leadership and encourage them to use their gifts and strengths to promote success and balance in their lives.

**Dana Carr**

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443.742.4103

**Leaders of Tomorrow Youth Center, Inc.**

PO Box 1213  
Owings Mills, MD 21117  
ltyc.net

**Psychoeducation and Psychotherapy Services**

South, Central & North County

MFR, Inc. is a licensed Outpatient Mental Health Clinic that provides psychotherapy, psychiatry, and psychoeducational services to children, adolescents, adults, and families. Services can be provided in the office, home, in schools, and in other places in the community that a safe and conducive to treatment. MFR, Inc. also provides training (some including Continuing Education Unit (CEU) credits for licensed mental health professionals) and mental health consultation services to agencies, foster parents, and professionals. MFR, Inc. strives to provide high quality services that are culturally, linguistically, and age appropriate. MFR, Inc. is currently able to provide services in English, Spanish, Korean, Mandarin, and Cantonese. Our therapy menu includes evidence based/supported treatments that address trauma and problem sexual behaviors in children.

**Dr. Beth Crawford**

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301.333.2980

**Maryland Family Resource, Inc.**

903 Brightseat Road  
Landover, MD 20785  
mfrinonline.com

**Linkages to Care**

North County

Mary's Center will have a part time Community School Coordinator at one of the North County PG County schools who would help families get access to resources. Any student at this school can receive a referral to Mary's Center via the Community Schools Coordinator (CSC). Mary's Center will also implement a School-Based Mental Health (SBMH) site at two of the North County PG County schools. A provider would serve students two days a week at an elementary school and three days a week at a middle school. By the end of that school year, our hope is that the clinician will provide services to 10 students at the elementary school and 20 students at the middle school by providing both individual therapy and group therapy. If demand exists, more clinicians may be added to the school site to serve more students.

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# PROVIDING FAMILY, COMMUNITY ENGAGEMENT & SUPPORTS

Language classes, workforce development training

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## Family Markets

South, Central & North County

Family Markets are monthly, farmer's market-style grocery distributions at public and charter schools that create greater access to good, healthy food for families. Markets help address challenges working families face by providing free groceries right where students attend school; schools where over 50% of the student body is eligible for Free/Reduced Meals. Parents can choose the items they want, along with recipes to put ingredients to use, making it easier for parents to prepare nutritious meals at home. Of the food distributed, roughly half is fresh produce. Over the course of the 2019-20 school year, Capital Area Food Bank will distribute 425,000 meals in Prince George's County through Family Markets. We also partner with organizations that can provide additional services during distributions such as utility assistance, SNAP enrollment assistance, housing assistance and basic health screenings. Our cooking demonstrations and nutrition education courses also supplement the market experience.

### Chanel Carter

ccarter@capitalareafoodbank.org  
202.769.5660

## Capital Area Food Bank

4901 Puerto Rico Avenue NE  
Washington, DC 20017  
capitalareafoodbank.org

## Mi Espacio

Central & North County

Mi Espacio is CASA's premier leadership program for youth in Baltimore and Langley Park, Maryland. Since 2014, Mi Espacio aims to address the challenges faced by immigrant, first generation youth in Baltimore and Langley Park through a dynamic and highly tailored after-school program focused on academic success, leadership development, and socio-economic integration. The program combines academic instruction, ESOL (English for Speakers of Other Languages) instruction, health and wellness workshops, financial education and career development sessions, mentoring opportunities and leadership development classes to provide a productive space for youth to thrive after-school, and help at-promise youth directly and proactively address challenges to academic achievement and graduation in a culturally and linguistically competent way. The program's key components:

- 1) Academic support: daily, targeted academic support through tutoring or direct instruction
- 2) Social justice and leadership development trainings: twice a week youth organizers lead social justice and leadership development sessions to expand youth's empowerment and collective power
- 3) Mentorship opportunities: working with local universities and partnerships, we identify potential candidates to become mentors for participants
- 4) Summer internships: each participant is asked to take on a summer internship (providing a small stipend) with local businesses, agencies or other potential partners.

### Maritza Solano

msolano@wearecasa.org  
240.296.2901

## CASA

8151 15th Avenue  
Langley Park, MD 20783  
wearecasa.org

## Newton's Thinker's After School Program

Central & North County

Community Youth Advance's Newton's Thinker's After School Program provides academic and enrichment activities focused on math, literacy and STEAM. The program will operate weekdays from 2:30 to 5:30 pm. Sessions are devoted mainly to academics, with two days focused on Math and Literacy, two days on STEAM, and one day for Health and Wellness. On Saturdays, students are provided mentoring and service-learning activities, while parents receive workshops that develop and reinforce their skills. Newton's Thinkers Tutors work with students by grade level, emphasizing a specific subject area each day. They also work together as an entire group on special projects. CYA uses an interdisciplinary literacy-based program, iRead, that teaches students how to exercise critical reading skills in language arts, science and mathematics. Newton's Thinkers instructors use Bridges Math Intervention curriculum designed to supplement day school instruction by providing targeted small group and one-on-one instruction.

### Cindy Martin

CMartin@cyadvance.org  
240.770.3870

## Community Youth Advance

2342 Vermont Avenue, Unit #1  
Hyattsville, MD 20785  
cyadvance.org

# PROVIDING FAMILY, COMMUNITY ENGAGEMENT & SUPPORTS

Continued

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## Family Empowerment Services

South, Central & North County

EveryMind's Family Empowerment services recognizes that every parent has potential by engaging parents from a variety of cultural and socioeconomic backgrounds in developing and implementing plans for family self-sufficiency and well-being. Self-sufficient families are able to ensure that the physical, psychological, and educational needs of each family member are consistently met. EveryMind engages families through individual case management, parent groups, and leadership initiatives focused on person-centered goals. Individual case management is a personalized collaborative process of identifying and achieving individual and family goals. Parent groups provide a safe space for parents to connect with each other, increase advocacy skills, and gain information on topics relevant to their goals. Leadership Initiatives offer motivated clients who have significant barriers to achieving their goals opportunities to surpass these barriers. Through the skills and resources gained, graduates of Family Empowerment services are better able to support their youth, family, school, and community.

### Diana Barney

DBarney@every-mind.org  
301.424.0656 x515

### EveryMind

1000 Twinbrook Parkway  
Rockville, MD 20851  
every-mind.org

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## Financial Empowerment Center

South, Central & North County

We offer direct access to high-quality financial services and guidance in a welcoming, professional environment at no cost.

### Heath Carelock

carelohf@pgcc.edu  
301.546.5296

### Financial Empowerment Center at Prince George's Community College

Center for Advanced Technology, Room 102  
301 Largo Road, Largo, MD 20774  
pgcc.edu/go/fec/

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## Mi Refugio (My Refuge)

Central & North County

Mi Refugio is La Clinica del Pueblo's School Based Mental Health and Support Program. The program was launched in 2015 at Northwestern High School in Hyattsville. The program provides group, family, and individual mental health therapy and support, case management, tutoring, leadership development, and social support to low-income Latino immigrant youth. Services are provided by bilingual, culturally competent, trauma-informed, licensed staff. Currently, at Northwestern High School we are able to serve between 160-180 students. La Clinica aims to achieve the following long-term outcomes for participants: 1) Increase ability to manage sadness or depression and improve relationships with parent/caregiver; 2) Increase ability to talk about traumatic events and improve symptoms of chronic PTSD; 3) Detect and address child abuse; 4) Enhance life and social skills. With our Mi Refugio program, for the past two years, 100% of the seniors enrolled in our program have graduated for High School.

### Annie Sylvain

asylvain@lcdp.org  
202.448.2845

### La Clinica del Pueblo

2831 15th St NW  
Washington, DC 20009  
lcdp.org

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## LAYC's Promotor Pathway

Central & North County

LAYC's Promotor Pathway is a pioneering client management model designed to help the region's most vulnerable youth succeed academically, obtain long-term employment, and live healthy and productive lives as they transition to adulthood. Promotores, or guides, provide intensive, long-term, one-on-one mentoring and case management to in-school or disconnected youth involved in current or past risky behaviors such as gang-related activity, truancy, criminal background, or teen pregnancy. They work intentionally and deliberately to build relationships designed to transform a young person's life over a period of four to six years, on average. Promotores focus on building a relationship of trust and then provide wraparound services through referrals, linkages to community partners, placement and paperwork assistance, home visits, and escorting youth to appointments and important events.

Success is defined as youth achievement of stability, connectedness, and self-agency.

### Shayna Scholnick

shayna@layc-dc.org  
202.276.9193

### Latin American Youth Center

1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org

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## LAYC/MMYC's After-School Programs

Central & North County

LAYC/MMYC's after-school programs in Prince George's County provide a diverse set of wraparound services and resources designed to close the achievement gap in low-income youth and youth of color. Services are offered during the school year and for five to six weeks during the summer. Services include: 1) academic support: homework assistance, tutoring; 2) enrichment programming: physical fitness, health and nutrition, and art and media classes; 3) wellness services: referrals for mental health needs, health screenings, dental workshops, and social-emotional learning; and 4) family and community engagement: parent workshops, English classes, and community events.

### Alyson Moore

alyson@layc-dc.org  
301.7792851 x325

### Latin American Youth Center

1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org

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## Civics and Citizenship

South, Central & North County

Liberty's Promise operates after-school programs of civic engagement, which familiarize low-income, immigrant youth with their community, civics, and college and career opportunities. These programs take place for 10 weeks, twice annually, once in the fall and once in the spring, and feature 30+ hours of programming in each 10-week session. We invite elected representatives to visit our program, go on field trips to DC or local sites of civic importance, undertake service-learning projects, and learn about in-school resources for success. Liberty's Promise is now entering our ninth year of service in Prince George's County. We first implemented programs at High Point and Parkdale High Schools during the 2010-11 school year and have since expanded to Northwestern and Bladensburg High Schools.

# PROVIDING FAMILY, COMMUNITY ENGAGEMENT & SUPPORTS

Continued

To date, we have worked with 851 county youth. Our programs help youth stay in school, graduate, move on to some form of post-secondary education, and embark on meaningful careers.

**Dr. Robert M. Ponichtera**  
rponichtera@libertyspromise.org  
703.549.9950

**Liberty's Promise**  
2900A Richmond Highway  
Alexandria, VA 22305-3023  
libertyspromise.org

**SIHLE: Sisters Informing Healing  
Living Empowering**  
Central & North County

Over the years, PPMW has taken more than 853 girls through SIHLE. PPMW has upgraded the curriculum, evolving with the times and making it robust and distinct. SIHLE at PPMW is six sessions in total, averaging 8-10 program hours per cohort. Typically, SIHLE is taught in an after school setting with PPMW facilitators recruiting students, and implementing programming once a week for 60 minutes for 6 weeks. During the 6 weeks of programming, students learn about the following topics: body autonomy, self-care, sexually transmitted infections (STIs), HIV/AIDS, PrEP/PEP, birth control, healthy relationships, and communication. Pre and post-assessments are administered at the beginning and the end of the program. Alumnae of the cohort help recruit students for future cohorts. Participants in the program are also invited to interact with SIHLE participants from different schools and organizations through quarterly events outside of normal programming. This model can be adapted depending on the program setting.

**Victoria Ogunleye**  
victoria.ogunleye@ppmw.org  
202.763.7411 x1002

**Planned Parenthood of  
Metropolitan Washington, DC**  
1225 4th Street NE  
Washington, DC 20002  
ppmw.org

**Great Start**  
Central & North County

Great Start is a series of pre-kindergarten-to-2nd-grade "family nights" with a family meal, children's activities and, most important, workshops for parents on how to help their children build strong foundations in reading, writing, math and behavior. The family nights take place on weekday evenings from 6 to 8 pm. Side by Side hires teachers at each school to lead the workshops, and provides Spanish interpreters. Side by Side currently provides 8 family nights during the year at each of six schools in Laurel and Beltsville.

**Joe Murchison**  
joe@sidebysidelaurel.org  
202.710.5555

**Side by Side**  
424 Main Street  
Laurel, MD 20707  
sidebysidelaurel.org



**Reading Teams**  
Central & North County

Retired teachers work one-on-one with families of children in grades K-2 who are lagging behind in reading. They meet once or twice a month with the parents and child to equip the parents with learning strategies, activities and resources to use with the child. The meetings take place in the home or at another location preferred by the family, such as the school.

**Joe Murchison**  
joe@sidebysidelaurel.org  
202.710.5555

**Side by Side**  
424 Main Street  
Laurel, MD 20707  
sidebysidelaurel.org

**Wrap Around Services: Emergency Food,  
Diapers and Healthcare Outreach**  
South, Central & North County

As part of SEED's community outreach efforts, the SEED Food Distribution Center and Coat of Many Colors Clothes Closet provides emergency food and clothing. Nutrition classes, fresh produce giveaway and a family market at EXCEL Academy are part of the monthly outreach. SEED is also an affordable healthcare enrollment site in partnership with the Prince George's County Department of Social Services. Residents are guided through the process of signing up for quality healthcare options. Health education classes are also offered.

**Tamara Nunes**  
tnunes@seedinc.org  
301.458.9808 x102

**Sowing Empowerment and  
Economic Development**  
6201 Riverdale Road, Suite 200  
Riverdale, MD 20737  
seedinc.org

**Financial Literacy and Housing Counseling**  
South, Central & North County

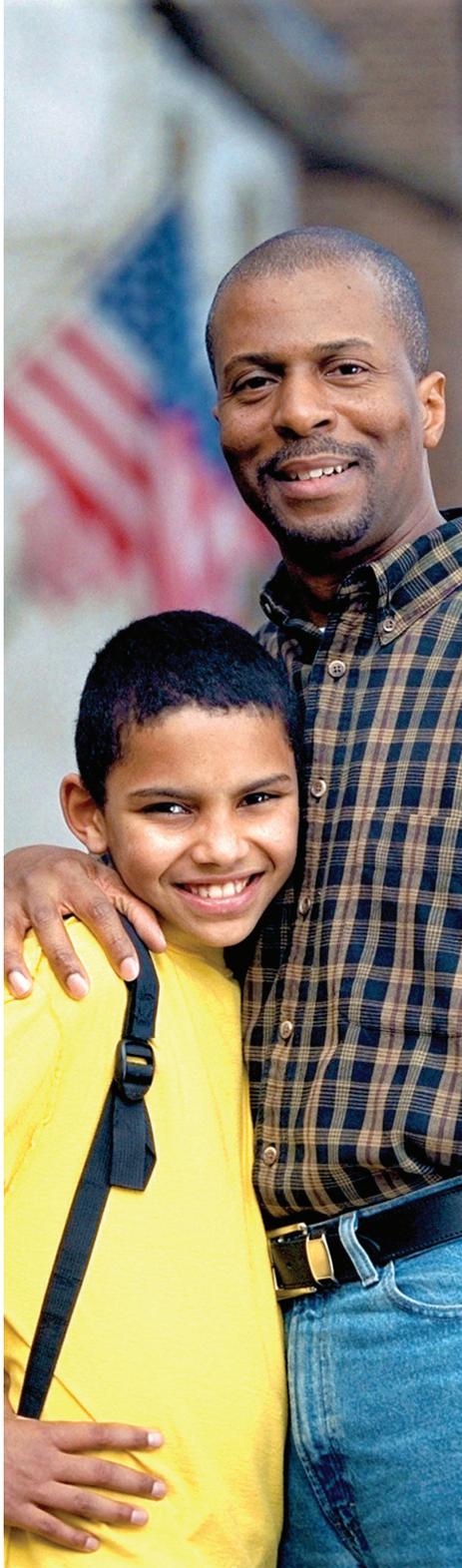
SEED offers a bilingual pre-purchase and post education housing counseling program committed to increasing homeownership and decreasing foreclosures while providing financial education for all residents of Prince George's County, Maryland and Detroit, Michigan. SEED, a HUD approved housing counseling agency, is committed to accelerating the drive to better inform, educate and prepare underserved potential homebuyers and to test innovative approaches to qualifying and preparing new default-resistant homeowners. SEED's Family Financial Fitness Program is an intensive yearlong program focused on moving families and young adults to financial stability for a secure future. Working sessions will include information on: credit basics, money management & budgeting, investments, insurance basics, retirement planning, savings trends, how to save on your utility bills, estate planning, and much more!

**Juanita Gomez**  
jgomez@seedinc.org  
301.458.9808 x101

**Sowing Empowerment and  
Economic Development**  
6201 Riverdale Road, Suite 200  
Riverdale, MD 20737  
seedinc.org

# PROVIDING FAMILY, COMMUNITY ENGAGEMENT & SUPPORTS

Continued



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## **Take Control Financial Literacy**

South & Central County

Take Control Financial Literacy provides critical financial and future planning assistance to students and parents of students with special needs. It consists of: -A six-week series of classes (one 2-hour class/week) for parents and caregivers to help them navigate the disability benefits system, how to use ABLE accounts and Special Needs Trusts to build assets while maintaining benefit eligibility, and lay the foundation to secure a better financial future. - A money management class, as part of our Ready@21 program that helps students transition from high school to independent living. We are focusing on providing this service to families with young children to get them early onto the road to positive financial outcomes. The curriculum is also available in Spanish. Arc staff will provide the Take Control Financial Literacy program at different elementary and middle schools throughout the County, in addition to The Arc headquarters located in Largo.

### **Melonee Clark**

mclark@thearcofpgc.org  
301.925.7050 x307

### **The Arc Prince George's County**

1401 McCormick Drive  
Largo, MD 20774  
thearcofpgc.org

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## **SOAR - Securing Opportunities to Acquire Resilience Medical Family Guidance and Care Coordination Program**

South, Central & North County

SOAR is a medical family guidance program where families and pediatric healthcare professionals partner to identify child/youth as well as family challenges related to development and well-being. In collaboration with a pediatric care coordinator in conjunction with pediatric healthcare professionals we will provide and monitor linkages to community based services and their impact on overall individual development and growth, as well as family well-being.

### **Abila V. Tazanu**

abila@worldforautism.org  
301.618.8395

### **The One World Center for Autism**

7401 Forbes Boulevard, Suite A  
Lanham, MD 20706  
worldforautism.org

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## **Prince George's County Special Needs Outreach Program**

South, Central & North County

Our special needs outreach program is designed to empower child and youth serving professionals (educators, childcare professionals, mental health providers) to identify signs of developmental differences/autism and support those affected through professional development opportunities as well as via enrichment/educational opportunities for those they serve. The enrichment/educational opportunities for those they serve include family and peer workshops, caregiver support group facilitation and referrals for greater supports through our care coordination services.

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Lanham, MD 20706  
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## **Youth Leadership Program**

South, Central & North County

The Youth Leadership Program is a 3-year program helps 10th-12th grade students develop leadership and mentoring skills, make smart choices, graduate on time, and successfully transition to college or careers. Students meet monthly during the academic school year, discussing topics selected by youth and presented by youth teams. Throughout the program, students' grades and school progress are tracked. Participants develop team, problem solving, communication and presentation skills. Speakers and field trips (HBCU East Coast Tour, museums, youth conferences, career fairs, etc.) expose students to information, places and points of interest throughout the region and beyond. Seniors receive college recommendation letters, scholarship nominations and a one-time scholarship to the school of their choice. Now in its 16th year, the program has a 95% success rate and has produced high school valedictorians and salutatorians, and masters degree professionals.

### **Iris Somerville**

isomerville@thetrainingsource.org  
301.499.8872

### **The Training Source, Inc.**

59 Yost Place  
Seat Pleasant, MD 20743  
thetrainingsource.org

# JUDY CENTERS (EARLY CHILDHOOD)

Establishing & enhancing linkages



## **Arts Enrichment and Professional Development** South, Central & North County

Through arts education programs and more, Leaders of Tomorrow Youth Center, Inc. enriches the lives of thousands of underserved youth in the Maryland and District of Columbia school systems, empowering them to develop their artistic talents and achieve their greatest potential. Since its inception in 2004, LTYC has continuously expanded its programming, geographic outreach, and calendar, building more and stronger relationships among students, families, and the community. With 6 full-time employees and an extended network of artists, educators, and consultants, LTYC is committed to fostering positive social development, academic success and creativity in the minds of youth today. Our mission is to teach youth the fundamentals of leadership and encourage them to use their gifts and strengths to promote success and balance in their lives.

**Dana Carr**  
dana.carr@ltyc.net  
443.742.4103

**Leaders of Tomorrow Youth Center, Inc.**  
PO Box 1213  
Owings Mills, MD 21117  
ltyc.net

## **Adelphi/Langley Park Family Support Center** North County

The Adelphi/Langley Park Family Support Center, co-located with Cool Spring Elementary School, implements a two-generation approach that promotes kindergarten readiness for children, and family literacy, adult basic education, and employment readiness services to 140 families with children 0-4 each year. Parents participate in our year-round adult education classes, including ESL and English literacy, computer literacy, GED prep, and Career Planning Training, while our licensed child development staff simultaneously provide supervision and classroom activities to promote children's development in four areas: social-emotional, physical, cognitive, and language/literacy. Our educational plans are developed through direct observation and are highly individualized to suit each child's needs. Our approach works because it merges research-based practices such as the use of the Creative Curriculum in our child development classroom with the expertise of our highly qualified and experienced staff, who have a deep understanding of the challenges our clients experience and how to effectively address them.

**Danitza Simpson**  
dsimpson@pgcrc.org  
301.431.6210

**Prince George's Child Resource Center, Inc.**  
9475 Lottsford Road, Suite 202  
Largo, MD 20774  
childresource.org

## **SOAR - Securing Opportunities to Acquire Resilience Medical Family Guidance and Care Coordination Program** South, Central & North County

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Lanham, MD 20706  
worldforautism.org

# ENHANCING STUDENT ENRICHMENT EXPERIENCES

## Therapeutic Mentoring

South, Central & North County

Our therapeutic mentors work with both children and families to provide weekly onsite and offsite activities to assist with homework and teach different Life Skill classes to further promote a successful future. This program also offers parent trainings and various educational field trips to enhance learning and coping with mental health issues. Some of these activities include a trip to the White House, a trip to the Chesapeake Bay, a hiking trip to Great Falls and taking care of fish and plants. All these activities promote learning about history, Bay conservation efforts, self-care and responsibility. The youth have also participated in feeding the homeless, writing letters to soldiers, visiting Children's Hospital during the holidays to drop gifts and many other activities.

### Ana Dasilva

ADasilva@abhmaryland.com  
240.483.3850

## Advanced Behavioral Health

7474 Greenway Center Drive, Suite 730  
Greenbelt, MD 20770  
abhmaryland.com



## After-School All-Stars Comprehensive After-School

Central County

After-School All-Stars (ASAS) offers a comprehensive afterschool program, every day school in session from the end of the school day to 6:00 pm. The program is free and available to all students enrolled at the site of service. The afterschool programming includes academic support and varied enrichment activities such as fitness and wellness, career exploration, service learning, arts and culture, and Science Technology Engineering Math (STEM) experiences. By partnering with other organizations or individual specialized in various fields, ASAS is able to offer a robust STEM program including coding, DJ classes, music production, video game development, digital photography, and real estate development/architecture. The fitness and wellness component explores physical movement but also healthy nutrition through cooking classes and concepts of sustainability through school gardens and urban agriculture. Career exploration allows students to discover careers and plan their future academic and career path. All activities are imbued with socio-emotional learning activities.

### Daniela Grigioni

daniela@as-as.org  
202.759.1084

## After-School All-Stars

1331 H Street NW, Suite 1100  
Washington, DC 20005  
asasdc.org

## Mi Espacio

Central & North County

Mi Espacio is CASA's premier leadership program for youth in Baltimore and Langley Park, Maryland. Since 2014, Mi Espacio aims to address the challenges faced by immigrant, first generation youth in Baltimore and Langley Park through a dynamic and highly tailored after-school program focused on academic success, leadership development, and socio-economic integration. The program combines academic instruction, ESOL (English for Speakers of Other Languages) instruction, health and wellness workshops, financial education and career development sessions, mentoring opportunities and leadership development classes to provide a productive space for youth to thrive after-school, and help at-promise youth directly and proactively address challenges to academic achievement and

graduation in a culturally and linguistically competent way. The program's key components: 1) Academic support: daily, targeted academic support through tutoring or direct instruction 2) Social justice and leadership development trainings: twice a week youth organizers lead social justice and leadership development sessions to expand youth's empowerment and collective power 3) Mentorship opportunities: working with local universities and partnerships, we identify potential candidates to become mentors for participants 4) Summer internships: each participant is asked to take on a summer internship (providing a small stipend) with local businesses, agencies or other potential partners.

### Maritza Solano

msolano@wearecasa.org  
240.296.2901

## CASA

8151 15th Avenue  
Langley Park, MD 20783  
wearecasa.org

## 21st Century Community Learning Center; AmeriCorps Tutoring

Central County

Over 19 years City Gate has developed an experience-tested, research-based youth development program that understands the culture of its community and positively engages 250 children (primarily Wards 7-8) in DC and since 2012 an additional 50 children in PGC. In order to close a persistent achievement gap that separates economically disadvantaged, minority students from their more affluent peers, City Gate evolved a model reflecting best practices, utilizing adaptive learning, STEM, a reading emphasis, off-site expeditionary learning, and parent engagement, along with homework help, recreation, and daily nutritious meals. We have operated our current 21st Century Community Learning Centers for 8 years at DC community-based sites (but readily adaptable to school sites). A new AmeriCorps tutoring program implemented in 2018 at Payne Elementary School in DC combines before and after school programming with Members providing individualized and small group instruction during the school day under the supervision of the classroom teacher.

### Dr. Lynn Bergfalk

lynn.bergfalk@city-gate.org  
202.528.0162

## City Gate, Inc.

3920 Alton Place NW  
Washington DC 20016  
city-gate.org

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## Academic Mentoring Program

Central County

As early as 8th-grade, the Academic Mentoring Program (AMP) exposes its students to college-educated professionals who provide immense perspective on the college process from scholarships, college applications, and college completion. At the core of our work are our mentors. Each student is paired with a college-educated professional who becomes their academic mentor and engages one-on-one with them once a week for two hours. In addition, mentors are required to spend time outside of the weekly session with their mentee, in order to build a stronger, more personal relationship. Mentors also encourage and support students in seeking additional academic supports as needed to strengthen their subject content mastery. The AMP model targets four key areas to ensure college readiness; early college and career exposure, academic enrichment with a focus on STEM, financial literacy and scholarship opportunities, and individualized support throughout the college application and selection process.

### Kenneth Ward

Kenneth@collegebound.org  
202.842.0858

### College Bound, Inc.

M Street NW, Suite 220  
Washington, DC 20001  
collegebound.org

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## Newton's Thinker's After School Program

Central & North County

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day school instruction by providing targeted small group and one-on-one instruction.

### Cindy Martin

CMartin@cyadvance.org  
240.770.3870

### Community Youth Advance

2342 Vermont Avenue, Unit #1  
Hyattsville, MD 20785  
cyadvance.org

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## School-Based Mental Health Service

Central & North County

EveryMind's comprehensive evidence-based, trauma informed mental health services are designed to ensure every youth receives the care, support, and attention they deserve. Licensed clinicians provide individual, family and group services that are developed in collaboration with the youth and family to meet each youth's specific needs. Services support the development of healthy behaviors and relationships, improved coping skills, and improved outcomes for the youth such as decreased truancy, fewer behavioral referrals, and improved overall school engagement. Counseling services are provided to low-income children, youth, and families including those without insurance or those insured with Medicaid. EveryMind removes barriers to accessing mental health by embedding services in school settings which also facilitates collaborative teaming with school partners creating more integrated, holistic counseling services.

### Diana Barney

DBarney@every-mind.org  
301.424.0656 x515

### EveryMind

1002 Twinbrook Parkway  
Rockville, MD 20851  
every-mind.org

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## Family Empowerment Services

South, Central & North County

EveryMind's Family Empowerment services recognizes that every parent has potential by engaging parents from a variety of cultural and socioeconomic backgrounds in developing and implementing plans for family self-sufficiency and well-being. Self-sufficient families are able to ensure that the physical, psychological, and educational needs of each family member are consistently met. EveryMind engages families through individual case management, parent groups, and leadership initiatives focused on person-centered goals. Individual case

management is a personalized collaborative process of identifying and achieving individual and family goals. Parent groups provide a safe space for parents to connect with each other, increase advocacy skills, and gain information on topics relevant to their goals. Leadership Initiatives offer motivated clients who have significant barriers to achieving their goals opportunities to surpass these barriers. Through the skills and resources gained, graduates of Family Empowerment services are better able to support their youth, family, school, and community.

### Diana Barney

DBarney@every-mind.org  
301.424.0656 x515

### EveryMind

1000 Twinbrook Parkway  
Rockville, MD 20851  
every-mind.org

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## Club Joe's Arts Education After School

Central & North County

Club Joe's Arts Education After School is a Maryland-state certified daily after school arts education program, offered from 2-6 pm, serving youth ages 5-13 cultivating creativity and providing a positive space to play and learn. Offered in a creative, vibrant, and supportive learning environment, children learn team building, critical thinking, and problem-solving skills daily while sharpening their fine motor and cognitive abilities, as well as their artistic skill. This is done through arts-facing, age-appropriate instruction, which includes: 1) 90 minutes of classes in movement, visual arts, creative writing, vocals, and music; 2) 45 minutes of free time and/or creative play, to develop personal character traits and build critical social skills; and, 3) Healthy snack and homework help.

### LaTanya Robinson

LaTanya@joesmovement.org  
301.699.1819 x106

### Joe's Movement Emporium

3309 Bunker Hill Road  
Mount Rainier, MD 20712  
joesmovement.org

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## LAYC's Promotor Pathway

Central & North County

LAYC's Promotor Pathway is a pioneering client management model designed to help the region's most vulnerable youth succeed academically, obtain long-term employment, and live healthy and productive lives as they transition to

adulthood. Promotores, or guides, provide intensive, long-term, one-on-one mentoring and case management to in-school or disconnected youth involved in current or past risky behaviors such as gang-related activity, truancy, criminal background, or teen pregnancy. They work intentionally and deliberately to build relationships designed to transform a young person's life over a period of four to six years, on average. Promotores focus on building a relationship of trust and then provide wraparound services through referrals, linkages to community partners, placement and paperwork assistance, home visits, and escorting youth to appointments and important events. Success is defined as youth achievement of stability, connectedness, and self-agency.

**Shayna Scholnick**  
shayna@layc-dc.org  
202.276.9193

**Latin American Youth Center**  
1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org

## **LAYC/MMYC's After-School Programs** Central & North County

LAYC/MMYC's after-school programs in Prince George's County provide a diverse set of wraparound services and resources designed to close the achievement gap in low-income youth and youth of color. Services are offered during the school year and for five to six weeks during the summer. Services include: 1) academic support: homework assistance, tutoring; 2) enrichment programming: physical fitness, health and nutrition, and art and media classes; 3) wellness services: referrals for mental health needs, health screenings, dental workshops, and social-emotional learning; and 4) family and community engagement: parent workshops, English classes, and community events.

**Alyson Moore**  
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301.779.2851 x325

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1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org

## **Arts Enrichment and Professional Development** South, Central & North County

Through arts education programs and more, Leaders of Tomorrow Youth Center, Inc. enriches

the lives of thousands of underserved youth in the Maryland and District of Columbia school systems, empowering them to develop their artistic talents and achieve their greatest potential. Since its inception in 2004, LTYC has continuously expanded its programming, geographic outreach, and calendar, building more and stronger relationships among students, families, and the community. With 6 full-time employees and an extended network of artists, educators, and consultants, LTYC is committed to fostering positive social development, academic success and creativity in the minds of youth today. Our mission is to teach youth the fundamentals of leadership and encourage them to use their gifts and strengths to promote success and balance in their lives.

**Dana Carr**  
dana.carr@lytc.net  
443.742.4103

**Leaders of Tomorrow Youth Center, Inc.**  
PO Box 1213  
Owings Mills, MD 21117  
lytc.net

## **Civics and Citizenship** South, Central & North County

Liberty's Promise operates after-school programs of civic engagement, which familiarize low-income, immigrant youth with their community, civics, and college and career opportunities. These programs take place for 10 weeks, twice annually, once in the fall and once in the spring, and feature 30+ hours of programming in each 10-week session. We invite elected representatives to visit our program, go on field trips to DC or local sites of civic importance, undertake service-learning projects, and learn about in-school resources for success. Liberty's Promise is now entering our ninth year of service in Prince George's County. We first implemented programs at High Point and Parkdale High Schools during the 2010-11 school year and have since expanded to Northwestern and Bladensburg High Schools. To date, we have worked with 851 county youth. Our programs help youth stay in school, graduate, move on to some form of post-secondary education, and embark on meaningful careers.

**Dr. Robert M. Ponichtera**  
rponichtera@libertypromise.org  
703.549.9950

**Liberty's Promise**  
2900A Richmond Highway  
Alexandria, VA 22305-3023  
libertypromise.org

## **MFL Band & Orchestra Program** Central & North County

Music for Life's Band & Orchestra Program provides low income youth the opportunity to fully participate in their school's music program. Participation has become expensive for families; often youth require private lessons to become proficient. Increasingly low income families cannot afford for their children to participate or their children become discouraged because they cannot keep pace with their peers receiving private lessons. Our program operates in middle and high schools; it provides families financial support as needed so their children can fully participate and their children free lessons on any instrument so they develop the proficiency necessary to succeed in their school's program. We also mentor students on career opportunities and the importance of education. Our lessons are integrated into the school's after-school program and taught by credentialed music instructors; they are provided at school throughout the school year and, when appropriate, at their homes over the summer.

**Skip Chaples**  
skip.chaples@musicforlife.org  
703.644.1311

**Music for Life**  
7453 Long Pine Drive  
Springfield, VA 22151  
musicforlife.org

## **SIHLE: Sisters Informing Healing Living Empowering** Central & North County

Over the years, PPMW has taken more than 853 girls through SIHLE. PPMW has upgraded the curriculum, evolving with the times and making it robust and distinct. SIHLE at PPMW is six sessions in total, averaging 8-10 program hours per cohort. Typically, SIHLE is taught in an after school setting with PPMW facilitators recruiting students, and implementing programming once a week for 60 minutes for 6 weeks. During the 6 weeks of programming, students learn about the following topics: body autonomy, self-care, sexually transmitted infections (STIs), HIV/AIDS, PrEP/PEP, birth control, healthy relationships, and communication. Pre and post-assessments are administered at the beginning and the end of the program. Alumnae of the cohort help recruit students for future cohorts. Participants in the program are also invited to interact with SIHLE participants from different schools and organizations through quarterly events outside

# ENHANCING STUDENT ENRICHMENT EXPERIENCES Continued

of normal programming. This model can be adapted depending on the program setting.

## **Victoria Ogunleye**

victoria.ogunleye@ppmw.org  
202.763.7411 x1002

## **Planned Parenthood of Metropolitan Washington, DC**

1225 4th Street NE  
Washington, DC 20002  
ppmw.org

## **Take Control Financial Literacy**

South, Central & North County

Take Control Financial Literacy provides critical financial and future planning assistance to students and parents of students with special needs. It consists of: - A six-week series of classes (one 2-hour class/week) for parents and caregivers to help them navigate the disability benefits system, how to use ABLE accounts and Special Needs Trusts to build assets while maintaining benefit eligibility, and lay the foundation to secure a better financial future. - A money management class, as part of our Ready@21 program that helps students transition from high school to independent living. We are focusing on providing this service to families with young children to get them early onto the road to positive financial outcomes. The curriculum is also available in Spanish. Arc staff will provide the Take Control Financial Literacy program at different elementary and middle schools throughout the County, in addition to The Arc headquarters located in Largo.

## **Melonee Clark**

mclark@thearcofpgc.org  
301.925.7050 x307

## **The Arc Prince George's County**

1401 McCormick Drive  
Largo, MD 20774  
thearcofpgc.org



## **The Fishing School's Afterschool and Summer Success Program**

Central & North County

The Fishing School (TFS) prepares public school youth for success in high school and life by improving their academic performance and life skills through intensive, multi-year, and research-based out-of-school time and parental engagement programs and activities. The core of TFS' approach is the Cohort Model, a continuous commitment to children featuring three main components: TFS' Elementary Afterschool Program builds academic and life skills to develop participants' ability to attain their personal goals; in the Summer Camp, participants receive support to build and maintain academic and social skills through the summer months to prevent summer learning loss; lastly, the Family Engagement and Support Program offers an extensive array of activities to parents to promote networking, skill building, and engagement in their child's academic and personal success. TFS' curriculum includes many unique units, such as STEAM (Science, Technology, Engineering, Arts, and Math), College Readiness, Read-alouds, Life Skills, and Clubs.

## **Quinci Moody**

qmoody@fishingschool.org  
202.399.3618 x8

## **The Fishing School**

4737 Meade St NE  
Washington, DC 20019  
fishingschool.org

## **Prince George's County Special Needs Outreach Program**

South, Central & North County

Our special needs outreach program is designed to empower child and youth serving professionals (educators, childcare professionals, mental health providers) to identify signs of developmental differences/autism and support those affected through professional development opportunities as well as via enrichment/educational opportunities for those they serve. The enrichment/educational opportunities for those they serve include family and peer workshops, caregiver support group facilitation and referrals for greater supports through our care coordination services.

## **Abila V. Tazanu**

abila@worldforautism.org  
301.618.8395

## **The One World Center for Autism**

7401 Forbes Boulevard, Suite A  
Lanham, MD 20706  
worldforautism.org

## **Youth Leadership Program**

South, Central & North County

The Youth Leadership Program is a 3-year program helps 10th-12th grade students develop leadership and mentoring skills, make smart choices, graduate on time, and successfully transition to college or careers. Students meet monthly during the academic school year, discussing topics selected by youth and presented by youth teams. Throughout the program, students' grades and school progress are tracked. Participants develop team, problem solving, communication and presentation skills. Speakers and field trips (HBCU East Coast Tour, museums, youth conferences, career fairs, etc.) expose students to information, places and points of interest throughout the region and beyond. Seniors receive college recommendation letters, scholarship nominations and a one-time scholarship to the school of their choice. Now in its 16th year, the program has a 95% success rate and has produced high school valedictorians and salutatorians, and masters degree professionals.

## **Iris Somerville**

isomerville@thetrainingsource.org  
301.499.8872

## **The Training Source, Inc.**

59 Yost Place  
Seat Pleasant, MD 20743  
thetrainingsource.org

# IMPROVING STUDENT ATTENDANCE

## ABH Psychiatric Services

South, Central & North County

Our team of highly experienced Psychiatrists and Nurse Practitioners provide a comprehensive approach to psychiatric treatment in our five locations. Our team meets with individuals to assess their psychiatric needs and to assess for medication management if needed. All prescribers are conservative when prescribing medication and promote therapy prior to prescribing any medications. If and when medication is needed, our providers explain the risks, benefits of any medication and involve parents in the process.

### Jennifer Chen

jchen@abhmaryland.com  
301.345.1022

### Advanced Behavioral Health

7474 Greenway Center Drive, Suite 730  
Greenbelt, MD 20770  
abhmaryland.com

## Off-Site Counseling Services

North County

Our team of Licensed Therapists use evidenced based practices to assist individuals and families with reaching their goals. These practices include TFCBT, CBT+, Play Therapy and many others. Through ongoing collaboration with different school districts, our clinicians provide therapy in area schools to address mental health issues to reduce maladaptive behaviors both in the classroom and at home. Through weekly in-home family therapy, our clinicians work with guardians to build healthy relationships with their children to overcome different obstacles. They further work on providing support to families by attending IEP meetings, when appropriate, to address educational needs and improve school attendance.

### Dana Burt

dburt@abhmaryland.com  
240.297.1827

### Advanced Behavioral Health

7474 Greenway Center Drive, Suite 730  
Greenbelt, MD 20770  
abhmaryland.com

## On-Site Therapy

South, Central & North County

Our clinic-based therapists provide traditional counseling services in each of our clinic locations for a range of emotional, behavioral, and psychological issues. A variety of modalities are utilized to customize the therapeutic interventions.

### Jennifer Chen

jchen@abhmaryland.com  
301.345.1022

### Advanced Behavioral Health

7474 Greenway Center Drive, Suite 730  
Greenbelt, MD 20770  
abhmaryland.com



## Therapeutic Mentoring

South, Central & North County

Our therapeutic mentors work with both children and families to provide weekly onsite and offsite activities to assist with homework and teach different Life Skill classes to further promote a successful future. This program also offers parent trainings and various educational field trips to enhance learning and coping with mental health issues. Some of these activities include a trip to the White House, a trip to the Chesapeake Bay, a hiking trip to Great Falls and taking care of fish and plants. All these activities promote learning about history, Bay conservation efforts, self-care and responsibility. The youth have also participated in feeding the homeless, writing letters to soldiers, visiting Children's Hospital during the holidays to drop gifts and many

### Ana Dasilva

ADasilva@abhmaryland.com  
240.483.3850

### Advanced Behavioral Health

7474 Greenway Center Drive, Suite 730  
Greenbelt, MD 20770  
abhmaryland.com

## Psychiatric Rehabilitation Program

South, Central & North County

A Psychiatric Rehabilitation Program (PRP) works to assist individuals living with mental illness to reach a higher level of independence and improve their overall quality of life. Our PRP program will assist individuals and families with accessing and coordinating services within the community. Our staff will support, advocate for, and empower individuals to reach their goals.

### Shanita Proctor

shanitam@allen-ayukbehavioralhealth.com  
443.221.7866

### Allen-Ayuk Behavioral Health Center, Inc.

7100 Chesapeake Road, Suite 106  
Landover, MD 20784  
allen-ayukbehavioralhealth.com

## School-Based Mentoring Program

Central & North County

In Big Brothers Big Sisters of the National Capital Area's (BBBSNCA) School-Based Mentoring Program, a trained and screened adult volunteer mentor is paired one-to-one with a child. During the school year, the matches meet for an hour an average of three times per month. These matches meet at the child's school. The matches must remain on school grounds while they meet and cannot see each other outside of their designated time. We work with the schools to designate the best time for Bigs (mentors) to see their Littles (mentees). In most cases, the best time for all parties is during lunch and recess. Bigs and Littles spend their time playing games, eating lunch, working on school work, and talking. Through consistently spending one-on-one time with their mentor, youth are empowered to reach their full potential.

### Michael Sanzi

msanzi@bbbsnca.org  
202.783.5585 x18

### Big Brothers Big Sisters of the National Capital Area

910 17th Street, NW, Suite 404  
Washington, DC 20006  
bbbsnca.org



## **21st Century Community Learning Center; AmeriCorps Tutoring** Central County

Over 19 years City Gate has developed an experience-tested, research-based youth development program that understands the culture of its community and positively engages 250 children (primarily Wards 7-8) in DC and since 2012 an additional 50 children in PGC. In order to close a persistent achievement gap that separates economically disadvantaged, minority students from their more affluent peers, City Gate evolved a model reflecting best practices, utilizing adaptive learning, STEM, a reading emphasis, off-site expeditionary learning, and parent engagement, along with homework help, recreation, and daily nutritious meals. We have operated our current 21st Century Community Learning Centers for 8 years at DC community-based sites (but readily adaptable to school sites). A new AmeriCorps tutoring program implemented in 2018 at Payne Elementary School in DC combines before and after school programming with Members providing individualized and small group instruction during the school day under the supervision of the classroom teacher.

**Dr. Lynn Bergfalk**  
lynn.bergfalk@city-gate.org  
202.528.0162

**City Gate, Inc.**  
3920 Alton Place NW  
Washington DC 20016  
city-gate.org

## **Academic Mentoring Program** Central County

As early as 8th-grade, the Academic Mentoring Program (AMP) exposes its students to college-educated professionals who provide immense perspective on the college process from scholarships, college applications, and college completion. At the core of our work are our mentors. Each student is paired with a college-educated professional who becomes their academic mentor and engages one-on-one with them once a week for two hours. In addition, mentors are required to spend time outside of the weekly session with their mentee, in order to build a stronger, more personal relationship. Mentors also encourage and support students in seeking additional academic supports as needed to strengthen their subject content mastery. The AMP model targets four key areas to ensure college readiness; early college and career exposure, academic enrichment with a focus on STEM, financial literacy and scholarship opportunities, and individualized support throughout the college application and selection process.

**Kenneth Ward**  
Kenneth@collegebound.org  
202.842.0858

**College Bound, Inc.**  
M Street NW, Suite 220  
Washington, DC 20001  
collegebound.org

## **Newton's Thinker's After School Program** Central & North County

Community Youth Advance's Newton's Thinker's After School Program provides academic and enrichment activities focused on math, literacy and STEAM. The program will operate weekdays from 2:30 to 5:30 pm. Sessions are devoted mainly to academics, with two days focused on Math and Literacy, two days on STEAM, and one day for Health and Wellness. On Saturdays, students are provided mentoring and service-learning activities, while parents receive workshops that develop and reinforce their skills. Newton's Thinkers Tutors work with students by grade level, emphasizing a specific subject area each day. They also work together as an entire group on special projects. CYA uses an interdisciplinary literacy-based program, iRead, that teaches students how to exercise critical reading skills in language arts, science and mathematics. Newton's Thinkers instructors use Bridges Math Intervention curriculum designed to supplement day school instruction by providing targeted small group and one-on-one instruction.

**Cindy Martin**  
CMartin@cyadvance.org  
240.770.3870

**Community Youth Advance**  
2342 Vermont Avenue, Unit #1  
Hyattsville, MD 20785  
cyadvance.org

# IMPROVING STUDENT ATTENDANCE Continued

## School-Based Mental Health Service

South, Central & North County

EveryMind's comprehensive evidence-based, trauma informed mental health services are designed to ensure every youth receives the care, support, and attention they deserve. Licensed clinicians provide individual, family and group services that are developed in collaboration with the youth and family to meet each youth's specific needs. Services support the development of healthy behaviors and relationships, improved coping skills, and improved outcomes for the youth such as decreased truancy, fewer behavioral referrals, and improved overall school engagement. Counseling services are provided to low-income children, youth, and families including those without insurance or those insured with Medicaid. EveryMind removes barriers to accessing mental health by embedding services in school settings which also facilitates collaborative teaming with school partners creating more integrated, holistic counseling services.

### Diana Barney

DBarney@every-mind.org  
301.424.0656 x515

### EveryMind

1002 Twinbrook Parkway  
Rockville, MD 20851  
every-mind.org

## Family Empowerment Services

South, Central & North County

EveryMind's Family Empowerment services recognizes that every parent has potential by engaging parents from a variety of cultural and socioeconomic backgrounds in developing and implementing plans for family self-sufficiency and well-being. Self-sufficient families are able to ensure that the physical, psychological, and educational needs of each family member are consistently met. EveryMind engages families through individual case management, parent groups, and leadership initiatives focused on person-centered goals. Individual case management is a personalized collaborative process of identifying and achieving individual and family goals. Parent groups provide a safe space for parents to connect with each other, increase advocacy skills, and gain information on topics relevant to their goals. Leadership Initiatives offer motivated clients who have significant barriers to achieving their goals opportunities to surpass these barriers. Through the skills and resources gained,

graduates of Family Empowerment services are better able to support their youth, family, school, and community.

### Diana Barney

DBarney@every-mind.org  
301.424.0656 x515

### EveryMind

1002 Twinbrook Parkway  
Rockville, MD 20851  
every-mind.org

## Club Joe's Arts Education After School

South, Central & North County

Club Joe's Arts Education After School is a Maryland-state certified daily after school arts education program, offered from 2-6 pm, serving youth ages 5-13 cultivating creativity and providing a positive space to play and learn. Offered in a creative, vibrant, and supportive learning environment, children learn team building, critical thinking, and problem-solving skills daily while sharpening their fine motor and cognitive abilities, as well as their artistic skill. This is done through arts-facing, age-appropriate instruction, which includes: 1) 90 minutes of classes in movement, visual arts, creative writing, vocals, and music; 2) 45 minutes of free time and/or creative play, to develop personal character traits and build critical social skills; and, 3) Healthy snack and homework help.

### LaTanya Robinson

LaTanya@joesmovement.org  
301.699.1819 x106

### Joe's Movement Emporium

3309 Bunker Hill Road  
Mount Rainier, MD 20712  
joesmovement.org

## LAYC's Promotor Pathway

Central & North County

LAYC's Promotor Pathway is a pioneering client management model designed to help the region's most vulnerable youth succeed academically, obtain long-term employment, and live healthy and productive lives as they transition to adulthood. Promotores, or guides, provide intensive, long-term, one-on-one mentoring and case management to in-school or disconnected youth involved in current or past risky behaviors such as gang-related activity, truancy, criminal background, or teen pregnancy. They work intentionally and deliberately to build relationships designed to transform a young person's life over a period of four to six years, on average.

Promotores focus on building a relationship of trust and then provide wraparound services through referrals, linkages to community partners, placement and paperwork assistance, home visits, and escorting youth to appointments and important events. Success is defined as youth achievement of stability, connectedness, and self-agency.

### Shayna Scholnick

shayna@layc-dc.org  
202.276.9193

## Latin American Youth Center

1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org



## LAYC/MMYC's After-School Programs

Central & North County

LAYC/MMYC's after-school programs in Prince George's County provide a diverse set of wraparound services and resources designed to close the achievement gap in low-income youth and youth of color. Services are offered during the school year and for five to six weeks during the summer. Services include: 1) academic support: homework assistance, tutoring; 2) enrichment programming: physical fitness, health and nutrition, and art and media classes; 3) wellness services: referrals for mental health needs, health screenings, dental workshops, and social-emotional learning; and 4) family and community engagement: parent workshops, English classes, and community events.

### Alyson Moore

alyson@layc-dc.org  
301.779.2851 x325

## Latin American Youth Center

1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org



### **LAYC's Job Readiness Training**

Central & North County

LAYC/MMYC's Job Readiness Training services are designed to provide youth with job readiness and life skills training, and connecting them to employment. Through these services youth will be prepared to enter the workforce and successfully retain employment. Job readiness training offers participants bilingual activities, classes, and workshops that enhance their ability to find employment, including: team-building exercises to help participants learn how to work together; resume and cover letter writing workshops; field trips to visit prospective employers; mock interviews conducted by non-LAYC staff and potential employers to help participants anticipate and prepare for questions they may receive during interviews and to diffuse some of the anxiety associated with the job interview process; and career exploration workshops that expose participants to lines of work in which they might be interested.

#### **Roger Figueroa**

r.figueroa@layc-dc.org  
301.779.2851 x133

#### **Latin American Youth Center**

1419 Columbia Road, NW  
Washington, DC 20009  
layc-dc.org

### **Arts Enrichment and Professional Development**

South, Central & North County

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#### **Dana Carr**

dana.carr@ltyc.net  
443.742.4103

#### **Leaders of Tomorrow Youth Center, Inc.**

PO Box 1213  
Owings Mills, MD 21117  
ltyc.net

### **MFL Band & Orchestra Program**

Central & North County

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#### **Skip Chaples**

skip.chaples@musicforlife.org  
703.644.1311

#### **Music for Life**

7453 Long Pine Drive  
Springfield, VA 22151  
musicforlife.org

# ANY OTHER PROFESSIONAL DEVELOPMENT

For school staff to identify students who need resources

## Psychiatric Rehabilitation Program

South, Central & North County

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443.221.7866

### Allen-Ayuk Behavioral Health Center, Inc.

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Landover, MD 20784  
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### Cindy Martin

CMartin@cyadvance.org  
240.770.3870

### Community Youth Advance

2342 Vermont Avenue, Unit #1  
Hyattsville, MD 20785  
cyadvance.org

## EveryMind Community Education Services

South, Central & North County

EveryMind's community education efforts promote awareness of mental health and wellness issues and seek to reduce the stigma surrounding mental illness. EveryMind is a leading provider of Mental Health First Aid (MHFA), an 8-hour evidence-based training presented by certified Mental Health First Aid USA instructors. The curriculum focuses on assisting someone developing a mental health condition or substance use disorder or experiencing a mental health or substance use related crisis. We offer the Adult and Youth modules (for Adults working with youth ages 12-18) In addition to MHFA, our experienced staff deliver evidence-based trainings on a variety of mental health and wellness topics. Trainings are tailored to the specific needs of the audience. Some of our most requested topics, include: Mental Health and Wellness, Suicide Prevention, How to Support Someone in a Crisis, Bullying and Anger Management, Improving Your Wellbeing Through Self-care, Providing Trauma-Informed Care.

### Karishma Sheth

KSheth@every-mind.org  
301.424.0656 x508

### EveryMind

1002 Twinbrook Parkway  
Rockville, MD 20851  
every-mind.org

## Trauma Training for Clinicians and School Professionals

South, Central & North County

FFCP offers training in trauma informed treatment. The program is taught by seasoned clinicians who are certified instructors in trauma informed care. The training has several specific programs that can be taken either individually or as a total package. There are trainings for clinicians for ultimate Starr Certification in trauma informed care and also trainings for school staff including trauma informed school assessment and analysis.

### Leslie Worley

leslieworley@ffcpmaryland.com  
202.810.3309

### Families First Counseling and Psychiatry

7474 Greenway Center Drive, Suite 700B  
Greenbelt, MD 20770  
ffcpmaryland.com

## LAYC's Training Academy

South, Central & North County

With over 50 years of youth development experience, LAYC has developed a series of professional development workshops aimed at boosting knowledge and skills in the areas of positive youth development and cultural competency. LAYC has over eight years of experience providing training to community based organizations, schools, and international development agencies looking to strengthen their programs and interventions. LAYC's Training Academy provides on-site training to staff and volunteers, conveying best practices and promoting a conceptual foundation for youth serving organizations. Training topics include: Positive Youth Development, LGBTQIA Ally Training, and Know Your Rights workshops for immigrant communities.

### Susana Martinez

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202.780.4445

### Latin American Youth Center

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## Arts Enrichment and Professional Development

South, Central & North County

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### Dana Carr

dana.carr@ltyc.net  
443.742.4103

### Leaders of Tomorrow Youth Center, Inc.

PO Box 1213  
Owings Mills, MD 21117  
ltyc.net

# ANY OTHER PROFESSIONAL DEVELOPMENT Continued

## **Psychoeducation and Psychotherapy Services** South, Central & North County

MFR, Inc. is a licensed Outpatient Mental Health Clinic that provides psychotherapy, psychiatry, and psychoeducational services to children, adolescents, adults, and families. Services can be provided in the office, home, in schools, and in other places in the community that a safe and conducive to treatment. MFR, Inc. also provides training (some including Continuing Education Unit (CEU) credits for licensed mental health professionals) and mental health consultation services to agencies, foster parents, and professionals. MFR, Inc. strives to provide high quality services that are culturally, linguistically, and age appropriate. MFR, Inc. is currently able to provide services in English, Spanish, Korean, Mandarin, and Cantonese. Our therapy menu includes evidence based/supported treatments that address trauma and problem sexual behaviors in children.

**Dr. Beth Crawford**  
bcrawford@mfrinonline.com  
301.333.2980

**Maryland Family Resource, Inc.**  
903 Brightseat Road  
Landover, MD 20785  
mfrinonline.com

## **SIHLE: Sisters Informing Healing Living Empowering** Central & North County

Over the years, PPMW has taken more than 853 girls through SIHLE. PPMW has upgraded the curriculum, evolving with the times and making it robust and distinct. SIHLE at PPMW is six sessions in total, averaging 8-10 program hours per cohort. Typically, SIHLE is taught in an after school setting with PPMW facilitators recruiting students, and implementing programming once a week for 60 minutes for 6 weeks. During the 6 weeks of programming, students learn about the following topics: body autonomy, self-care, sexually transmitted infections (STIs), HIV/AIDS, PrEP/PEP, birth control, healthy relationships, and communication. Pre and post-assessments are administered at the beginning and the end of the program. Alumnae of the cohort help recruit students for future cohorts. Participants in the program are also invited to interact with SIHLE participants from different schools and organizations through quarterly events outside of normal programming. This model can be adapted depending on the program setting.

**Victoria Ogunleye**  
victoria.ogunleye@ppmw.org  
202.763.7411 x1002

**Planned Parenthood of  
Metropolitan Washington, DC**  
1225 4th Street NE  
Washington, DC 20002  
ppmw.org

## **Prince George's County Special Needs Outreach Program** South, Central & North County

Our special needs outreach program is designed to empower child and youth serving professionals (educators, childcare professionals, mental health providers) to identify signs of developmental differences/autism and support those affected through professional development opportunities as well as via enrichment/educational opportunities for those they serve. The enrichment/educational opportunities for those they serve include family and peer workshops, caregiver support group facilitation and referrals for greater supports through our care coordination services.

**Abila V. Tazanu**  
abila@worldforautism.org  
301.618.8395

**The One World Center for Autism**  
7401 Forbes Boulevard, Suite A  
Lanham, MD 20706  
worldforautism.org





## PREFERRED PROVIDER DIRECTORY

# PRINCE GEORGE'S COUNTY COMMUNITY SCHOOLS

United Way of the National Capital Area fights for the health, education, and financial stability of every person in our community. We serve our neighbors in eight jurisdictions across the region including the District of Columbia, Alexandria, Arlington, Fairfax/Falls Church, Loudoun County and Prince William counties in Virginia; Montgomery County and Prince George's counties in Maryland.



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