



Prince George's County Public Schools

ES Lunch Menu (K-8)

NOVEMBER 2022

+ Item is Meatless
 * Item Contains Pork
¹ Item Contains Beef
² Item Contains Turkey

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Full Student Lunch Includes:</p> <ul style="list-style-type: none"> Choice of entrée (meat/meat alternate and grain), Up to two vegetables servings, A choice of one fruit serving, and A choice of one milk serving. 	<p>11/1</p> <ul style="list-style-type: none"> - Turkey Corn Dog Nuggets or Green Chili Tamale+ - Turkey Ham & Cheese Sandwich - Chef Salad Platter w/Savory Crackers² - PB&J Sandwich w/Cheese Stick - Seasoned Black Beans - Steamed Sweet Corn - Red Gold Salsa Cup - Fresh Sliced Apples Fluid Milk 	<p>11/2</p> <ul style="list-style-type: none"> - Chicken Tenders w/Waffles - Turkey & Cheese Sandwich - Fiesta Chicken Salad Platter w/Savory Crackers - PB&J Sandwich w/Cheese Stick - Sweet Potato Fries - Celery Sticks - Assorted Fruit Cup Fluid Milk 	<p>11/3</p> <ul style="list-style-type: none"> - Teriyaki Chicken w/Brown Rice - Turkey Italian & Cheese Sub - Cheese & Veggie Salad Platter w/Savory Crackers - PB&J Sandwich w/Cheese Stick - Steamed Broccoli - Steamed Carrots - Fresh Oranges Fluid Milk 	<p>11/4</p> <ul style="list-style-type: none"> - Fish Filet Sandwich or Bean and Cheese Papusa+ - Turkey Ham & Cheese Sandwich - Yogurt, Fruit & Cheese w/Savory Crackers - PB&J Sandwich w/Cheese Stick - Emoji Shaped Potatoes - Cabbage Coleslaw - Applesauce Cup Fluid Milk
<p>11/7</p> <p style="text-align: center;">Manager's Choice Day</p>	<p>11/8</p> <p style="text-align: center;">Election Day</p> <p style="text-align: center;">Schools & Offices Closed</p>	<p>11/9</p> <ul style="list-style-type: none"> - Toasted Cheese Sandwich+ or Bean and Cheese Papusa+ - Turkey Italian & Cheese Sub - Chicken Salad Platter w/Savory Crackers - PB&J Sandwich w/Cheese Stick - Tomato Soup - Steamed Broccoli - Red Gold Salsa Cup - Fresh Pears Fluid Milk 	<p>11/10</p> <ul style="list-style-type: none"> - Sweet Beef & Cheese Nachos w/Baked Tostitos¹ - Chicken Salad Sandwich on Croissant Roll - Yogurt, Fruit & Cheese w/Savory Crackers - PB&J Sandwich w/Cheese Stick - Tater Tots - Steamed Mixed Vegetables - Red Gold Salsa Cup - Applesauce Cup Fluid Milk 	<p>11/11</p> <ul style="list-style-type: none"> - Chicken Patty Sandwich - Turkey Ham & Cheese Sandwich - Cheese & Veggie Salad Platter w/Savory Crackers - PB&J Sandwich w/Cheese Stick - Sweet Potato Fries - Vegetarian Baked Beans - Assorted Fruit Cup Fluid Milk
<p>11/14</p> <ul style="list-style-type: none"> - 4x6 Cheese Pizza+ - Turkey Italian & Cheese Sub - Egg & Cheese Salad Platter w/Savory Crackers - PB&J Sandwich w/Cheese Stick - Steamed California Blend Vegetables - Baby Carrots - Pineapple Tidbits Fluid Milk 	<p>11/15</p> <ul style="list-style-type: none"> - Japanese Cherry Blossom Chicken w Brown Rice - Turkey Ham & Cheese Sandwich - Chef Salad Platter w/Savory Crackers² - PB&J Sandwich w/Cheese Stick - Steamed Broccoli - Steamed Carrots - Fresh Apple Slices Fluid Milk 	<p>11/16</p> <ul style="list-style-type: none"> - Bean and Cheese Burrito+ - Turkey & Cheese Sandwich - Popcorn Chicken Salad Platter w/Savory Crackers - PB&J Sandwich w/Cheese Stick - Steamed Sweet Corn - Seasoned Black Beans - Red Gold Salsa Cup - Assorted Fruit Cup Fluid Milk 	<p>11/17</p> <p style="text-align: center;"><i>- Holiday Meal -</i></p> <ul style="list-style-type: none"> Sliced Turkey w/Gravy & Whole Wheat Roll - Turkey Italian & Cheese Sub - Yogurt, Fruit & Cheese w/Savory Crackers - PB&J Sandwich w/Cheese Stick - Mashed Potatoes w/Gravy - Steamed Green Beans Holiday Treat: Sugar Cookie - Craisins Fluid Milk 	<p>11/18</p> <ul style="list-style-type: none"> - Turkey Hot Dog on Bun - Turkey & Cheese Sandwich - Cheese & Veggie Salad Platter w/Savory Crackers - PB&J Sandwich w/Cheese Stick - Vegetarian Baked Beans - Steamed Peas & Carrots - Fresh Pear Fluid Milk
<p>11/21</p> <p style="text-align: center;">Manager's Choice Day</p>	<p>11/22</p> <p style="text-align: center;">Manager's Choice Day</p>	<p>11/23</p> <p style="text-align: center;">Thanksgiving Break</p> <p style="text-align: center;">Schools & Offices Closed</p>	<p>11/24</p> <p style="text-align: center;">Thanksgiving Day</p> <p style="text-align: center;">Schools & Offices Closed</p>	<p>11/25</p> <p style="text-align: center;">Thanksgiving Break</p> <p style="text-align: center;">Schools & Offices Closed</p>
<p>11/28</p> <ul style="list-style-type: none"> - Cheese Pizza Bagel+ - Turkey Ham & Cheese on Croissant Roll <li style="text-align: center;">Limited Produce Day - No Salads - - PB&J Sandwich w/Cheese Stick - Steamed Green Beans - Steamed Peas and Carrots - Red Gold Marinara Sauce - Mandarin Oranges Fluid Milk 	<p>11/29</p> <ul style="list-style-type: none"> - Mandarin Orange Chicken w/Vegetable Brown Rice Pilaf - Turkey Bacon Club Wrap <li style="text-align: center;">Limited Produce Day - No Salads - - PB&J Sandwich w/Cheese Stick - Steamed Broccoli - Steamed Carrots - Pineapple Tidbits Fluid Milk 	<p>11/30</p> <ul style="list-style-type: none"> - Chicken Tenders w/Waffles - Turkey & Cheese Sandwich - Chef Salad Platter w/Savory Crackers² - PB&J Sandwich w/Cheese Stick - Baked Plantains- Steamed Mixed Vegetables - Assorted Fruit Cup Fluid Milk 	<p>Available Daily:</p> <ul style="list-style-type: none"> Peanut Butter & Jelly Sandwich w/Cheese Stick Garden Salad Assorted Seasonal Fresh Fruit Assorted Fruit Cup Assorted Milk includes Fat Free Milk (Chocolate, Strawberry, Plain White) and 1% Low-Fat White Milk 100% Fruit Juice is offered on Tuesday and Thursday. <p>Note: Students will be offered an additional grain item with the cold Deli Sandwiches. Student is NOT required to take the extra grain.</p>	

*The USDA and MSDE are equal opportunity providers.
 Go to MealViewer.com for the most up to date menus - Menu is subject to changes.*