



Prince George's County Public Schools Elementary Lunch Menu (K-8)

MAY 2023

+ Item is Meatless
 * Item Contains Pork
¹ Item Contains Beef
² Item Contains Turkey

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/1 - Cheese Pizza Bagel+ - Turkey Italian & Cheese Sub - Egg & Cheese Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed Green Beans - Baby Carrots - Fresh Pears Fluid Milk	5/2 - Japanese Cherry Blossom Chicken w/Brown Rice - Turkey Ham & Cheese Sandwich - Taco Salad Platter ¹ w/Baked Tostitos - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed Broccoli - Steamed Carrots - Mandarin Oranges Fluid Milk	5/3 - Toasted Cheese Sandwich+ - Turkey & Cheese Sandwich - Cheese & Veggie Salad Platter+ w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Tomato Soup - Steamed Mixed Vegetables - Fresh Strawberries Fluid Milk	5/4 - Turkey Hot Dog on Bun - Chicken Salad on Croissant Roll - Fiesta Chicken Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Vegetarian Baked Beans - Creamy Coleslaw - Fresh Orange Wedges Fluid Milk	5/5 CINCO DE MAYO SCHOOL LUNCH HERO DAY - Beef Soft Shell Taco ¹ - Turkey Ham & Cheese Sandwich - Chicken Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed Sweet Corn - Black Bean Salad - Red Gold Salsa Cup Treat: Cinnamon Churro - Frozen Fruit Cup Fluid Milk
5/8 - Pepperoni Pizza Slice - Cheese Pizza Slice+ - Turkey Italian & Cheese Sub - Popcorn Chicken Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed California Blend Vegetables - Baby Carrots - Fresh Pears Fluid Milk	5/9 - Chicken Patty Sandwich - Turkey Ham & Cheese Sandwich - Chicken Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Vegetarian Baked Beans - Creamy Coleslaw - Fresh Apple Slices Fluid Milk	5/10 - Fiesta Nachos ¹ - Chicken Salad on Croissant Roll - Cheese & Veggie Salad Platter+ w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed Sweet Corn - Seasoned Black Beans - Red Gold Salsa Cup - Fresh Strawberries Fluid Milk	5/11 - 3 Cheese Cavatappi Pasta, w/Diced Chicken - Turkey & Cheese Sandwich - Taco Salad Platter ¹ w/Baked Tostitos - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed Broccoli - Steamed Carrots - Fresh Orange Wedges Fluid Milk	5/12 - Fish Filet Sandwich or Bean and Cheese Papusa+ - Turkey Ham & Cheese Sandwich - Yogurt, Cheese Stick & Fruit Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Sweet Potato Fries, - Steamed Peas and Carrots - Red Gold Salsa Cup - Assorted Fruit Cup Fluid Milk
5/15 - Chicken Tenders w/Waffles - Turkey Italian & Cheese Sub - Egg & Cheese Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Baked Plantains - Steamed Mixed Vegetables - Fresh Pears Fluid Milk	5/16 - Beef Soft Shell Taco ¹ - Turkey Ham & Cheese Sandwich - Chef Salad Platter ² w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed Sweet Corn - Black Bean Salad - Red Gold Salsa Cup - Fresh Apple Slices Fluid Milk	5/17 - Teriyaki Chicken w/Brown Rice - Turkey & Cheese Sandwich - Fiesta Chicken Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed Broccoli - Steamed Carrots - Fresh Strawberries Fluid Milk	5/18 - Turkey Hot Dog on Bun - Turkey Italian & Cheese Sub - Cheese & Veggie Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Vegetarian Baked Beans - Creamy Coleslaw - Fresh Orange Wedges Fluid Milk	5/19 - Café Burger ¹ on Bun - Turkey Ham & Cheese Sandwich - Yogurt, Cheese Stick & Fruit Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Crinkle Cut Fries - Celery Sticks - Assorted Fruit Cup Fluid Milk
5/22 - Bean & Cheese Burrito+ - Turkey Italian & Cheese Sub - Egg & Cheese Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed Carrots - Black Bean Salad - Red Gold Salsa Cup - Fresh Pears, 1 ea. Fluid Milk	5/23 - Pepperoni Pizza Slice - Cheese Pizza Slice+ - Turkey Ham & Cheese Sandwich - Chef Salad Platter ² w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed California Blend Vegetables - Steamed Sweet Corn - Fresh Apple Slices, 1 pkg. Fluid Milk	5/24 - Chicken Drumstick w/Whole Wheat Dinner Roll - Turkey & Cheese Sandwich - Chicken Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Mashed Potatoes w/Gravy - Seasoned Collard Greens - Fresh Strawberries Fluid Milk	5/25 - Café Burger ¹ on Bun - Chicken Salad on Croissant Roll - Cheese & Veggie Salad Platter+ w/Savory Crackers, - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Crinkle Cut Fries - Tuscan Kale Salad - Fresh Orange Wedges Fluid Milk	5/26 - Toasted Cheese Sandwich+ - Turkey Ham & Cheese Sandwich - Popcorn Chicken Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Tomato Soup - Steamed Mixed Vegetables - Assorted Fruit Cup Fluid Milk

*The institution is an equal opportunity provider.
Go to MealViewer.com for the most up to date menus - Menu is subject to changes.*



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/29 Memorial Day Holiday Schools and Offices Closed	5/30 - Chicken Tenders w/Waffles - Turkey Ham & Cheese Sandwich - Chef Salad Platter ² w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Vegetarian Baked Beans - Celery Sticks - Fresh Apple Slices Fluid Milk	5/31 - Japanese Cherry Blossom Chicken w/Brown Rice - Turkey & Cheese Sandwich - Fiesta Chicken Salad Platter w/Savory Crackers - Peanut Butter and Jelly Sandwich w/Cheese Stick+ - Steamed Broccoli - Steamed Carrots - Fresh Strawberries Fluid Milk		
<p style="text-align: center;"><u>Available Daily:</u></p> Peanut Butter & Jelly Sandwich w/Cheese Stick+ Garden Salad + Assorted Seasonal Fresh Fruit Assorted Fruit Cup 100% Fruit Juice is offered on Tuesday and Thursday. Assorted Milk includes Fat Free Milk (Chocolate, Strawberry, Plain White) and 1% Low-Fat White Milk Note: Students will be offered an additional grain item with the cold Deli Sandwiches. Student is NOT required to take the extra grain.			<p style="text-align: center;"><u>Full Student Lunch Includes:</u></p> <ul style="list-style-type: none"> Choice of entrée (meat/meat alternate and grain), Up to two vegetables servings, A choice of one fruit serving, and A choice of one milk serving. 	