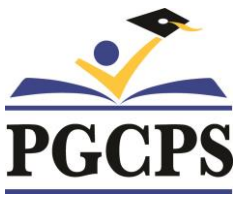


Prince George's County Public Schools
 ES Lunch Menu (K-8) – **Published**
 OCTOBER 2021

+ Item is Meatless
 * Item Contains Pork
¹ Item Contains Beef
² Item Contains Turkey

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/27	9/28	9/29	9/30	10/1 Professional Development Schools Closed for Students
MARYLAND HOMEGROWN SCHOOL LUNCH WEEK				
10/4 - Chicken Tenders /Waffles - Italian Cold Cut Sub - PB&J Buddy Pack - Sweet Potato Fries - Baby Carrots Fresh Apples (MD Homegrown) Fluid Milk	10/5 - BBQ Teriyaki Chicken w/Steamed Rice - Chef Salad w/Savory Crackers - PB&J Buddy Pack - Steamed Carrots and Edamame - Celery Sticks Fresh Pear (MD Homegrown) Fluid Milk	10/6 - Mini Pancakes w/Chicken Sausage - Turkey & Cheese on Bun - Yogurt Buddy Pack - Tater Tots - Baby Carrots Watermelon (MD Homegrown) Fluid Milk	10/7 - Turkey Hot Dog on Bun* - Cheese & Veggie Salad Platter w/ Savory Crackers - PB&J Buddy Pack - Vegetarian Baked Beans - Celery Sticks Fresh Apples (MD Homegrown) Fluid Milk	10/8 - Fiesta Nachos - Turkey Ham & Cheese on Bun - PB Dip Buddy Pack - Black Bean Salad - Red Gold Salsa Cup Fresh Pear (MD Homegrown) Fluid Milk
NATIONAL SCHOOL LUNCH WEEK				
10/11 Parent/Teacher Conference Schools Closed for Students	10/12 - JTM Macaroni & Cheese - Turkey & Cheese on Bun - PB&J Buddy Pack - Steamed Broccoli, - Baby Carrots Fresh Apple Slice Fluid Milk	10/13 - Chicken Patty Sandwich - Egg & Cheese Salad Platter w/Savory Crackers - Yogurt Buddy Pack - Sweet Potato Fries - Celery Sticks Fresh Orange Smiles Fluid Milk	10/14 - Uno's Pizza Slice, Cheese or Pepperoni + - Turkey Ham & Cheese on Bun - PB Dip Buddy Pack - Tuscan Kale Salad - Baby Carrots Cinnamon Sliced Apples Fluid Milk	10/15 Professional Development Schools Closed for Students
10/18 - Chicken Nuggets w/ Mini Waffles - Turkey & Cheese on Bun - PB&J Buddy Pack - Sweet Potato Fries - Baby Carrots Diced Pears Fluid Milk	10/19 - Three Cheese Cavatappi (w/Chicken & Broccoli) & Garlic Breadstick - Italian Cold Cut Sub - PB&J Buddy Pack - Steamed Broccoli - Red Gold Marinara Cup Fresh Apple Slice Fluid Milk	10/20 - Café Burger ¹ on Bun - Cheese & Veggie Salad Platter w/Savory Crackers - Yogurt Buddy Pack - Emoji Shaped Potatoes - Celery Sticks Fresh Apples Fluid Milk	10/21 - Beef Soft Taco w/8" Tortilla - Turkey Ham & Cheese on Bun - PB&J Buddy Pack - Black Bean Salad - Red Gold Salsa Cup Applesauce Cup Fluid Milk	10/22 - Cheese Pizza Bagels+ - Egg & Cheese Salad Platter Savory Crackers - PB Dip Buddy Pack - Tuscan Kale Salad - Baby Carrots Cinnamon Sliced Apples Fluid Milk



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10/25 - Bean & Cheese Burrito+ - Italian Cold Cut Sub - PB&J Buddy Pack - Black Bean Salad - Red Gold Salsa Cup Fresh Apple Slice Fluid Milk	10/26 - Teriyaki Beef Bites ¹ with Steamed Rice - Chef Salad Platter w/Savory Crackers - PB&J Buddy Pack - Steamed Broccoli - Baby Carrots Fresh Pear Fluid Milk	10/27 - Mini Pancakes w/Chicken Sausage - Turkey & Cheese on Bun - Yogurt Buddy Pack - Tater Tots - Celery Sticks Fresh Orange Smiles Fluid Milk	10/28 - Turkey Corn Dog Nuggets - Cheese & Veggie Salad Platter w/Savory Crackers - PB&J Buddy Pack - Vegetarian Baked Beans - Coleslaw Fresh Apples Fluid Milk	10/29 - 4 x 6 Cheese Pizza+ - Turkey Ham & Cheese on Bun - PB Dip Buddy Pack - Tuscan Kale Salad - Baby Carrots Applesauce Cup Fluid Milk
Full Student Lunch Includes: <ul style="list-style-type: none"> Choice of entrée (meat/meat alternate and grain), Up to two vegetables servings, A choice of one fruit serving, and A choice of one milk serving. 		Available Daily: <ul style="list-style-type: none"> Garden Salad w/Fresh Tomatoes offered w/Reduced Fat Dressing Assorted Buddy Pack (s) Assorted Seasonal Fresh Fruit Assorted Fruit Cup 100% Fruit Juice is offered on Tuesday and Thursday. Students will be offered an additional grain item with the cold Deli Sandwiches. 		