

ADMINISTRATIVE PROCEDURE

SECONDARY PHYSICAL EDUCATION UNIFORMS

6161.8
Procedure No.

July 1, 2013
Date

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- I. **PURPOSE:** To establish guidelines for a standardized physical education uniform to be worn by all students enrolled in Prince George's County Public School system in accordance with the District's educational mission.
 - II. **POLICY:** Clothing specifically designed for freedom of body movement contributes to a safer exercise environment during physical education activities. Required attire is knee length solid black shorts and a plain gray sleeved t-shirt, appropriate foot apparel (sneakers), and solid black sweat pants and a plain gray sweat shirt for colder weather. Students must have this attire available prior to beginning of their physical education course.

All students are required to wear the appropriate and required dress for physical education. [Board Policy 6161.6.](#)

- III. **BACKGROUND:** The procedures in this provision apply to all students enrolled in the Prince George's County Public Schools system. In recognition of the distinction between students of different ages and maturity, and considering students' differing social, economic and cultural backgrounds, a standard physical education uniform eliminates a tendency for competition in personal attire, prevents social rejection of some students because of their individual attire. Uniforms generally enhance the esprit de corps of such exercise groups.
 - A. Physical education uniforms may be acquired at a store or business of students and parents' choosing prior to the start of the physical education course. Physical education uniforms are no longer sold at the school level.
 - B. All students enrolled in Prince George's County School System are required to wear the standard District approved physical education uniform unless otherwise authorized by the principal or designee on an individual student basis, for proper cause, consistent with the aims of [Board Policy 6161.6.](#)
- IV. **DEFINITIONS:**
 - A. "**Appropriate dress for physical education**" means appropriate clothing designed for free bodily movement that contributes to a safer exercise environment during physical education activities.
 - B. "**Appropriate footwear**" means a closed toe shoe, which is a durable covering for the foot, with a rubber sole and usually a cloth or leather upper, generally extending no higher than the ankle that is designed for safety during physical activity.

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- V. **PROCEDURES:** All individual physical education uniforms must comply with this Administrative Procedure subject to [Board Policy 6161.6](#).
- A. All students enrolled are required to wear the approved physical education uniform on the days assigned by the respective school in which the student is enrolled.
- B. Basic Uniforms.
- Girls: The basic uniform for girls is knee-length black shorts of cotton or mesh fabric [no spandex, elastane]; a plain gray-sleeved cotton t-shirt; and athletic footwear such as a sneaker primarily designed for sports or other forms of physical exercise and appropriate for gymnasium and field activities. It is expected that socks will be worn with sneakers. T-shirt and shorts must be solid color without color trims, embroidery, or any form of custom design or other decoration.
- Boys: The basic uniform for boys is knee-length black shorts of cotton or mesh fabric [no spandex, elastane]; a plain gray-sleeved cotton t-shirt; and athletic footwear such as a sneaker primarily designed for sports or other forms of physical exercise and appropriate for gymnasium and field activities. It is expected that socks will be worn with sneakers. T-shirt and shorts must be solid color without color trims, embroidery, or any form of custom design or other decoration.
- Cold Weather: Sweat-pants and sweatshirt are permitted on cold days. Sweat-pants need to be solid black and the sweatshirt needs to be solid gray with no visible logos, color trims, embroidery or any form of custom design or other decoration.
- C. All clothing must be appropriate, loose-fitting size for individual students. Neither the shirt nor shorts, nor the sweat-pants or sweatshirt are to be oversized or undersized.
1. Shirt and sweatshirt must cover midriff, back, and sides at all times. No cleavage, midriff or undergarments should be visible.
 2. Shorts and sweat-pants must not be worn below the waist and should not allow for undergarments to be exposed.

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3. Athletic shoes that are closed toe must be worn at all times. Bedroom slippers, sandals, platforms, plastic shoes, flip flops, shoes with straps or shoes with heels, or any other footwear that is not consistent with the physical education dress code are prohibited.

D. General Rules and Expectations.

1. Students should not borrow or share another student's PE clothes.
2. Running or horseplay is not permitted in the locker room.
3. Food, drinks, candy and chewing gum are not permitted in the locker room or during physical education class.
4. To ensure the safest environment, no jewelry should be worn beyond the locker room, including watches, rings, earrings, etc.
5. Students should not throw objects of any kind in the locker room.
6. At all times, students' language and behavior should conform to school and board policies and procedures.
7. Students are expected to dress quickly and report to their assigned area for attendance.

- E. The principal or designee has the authority to decide if clothing complies with [Board Policy 6161.6](#) and with this Administrative Procedure.

VI. **RELATED POLICIES AND PROCEDURES:** [Board Policy 6161.6](#), Physical Education Uniforms.

VII. **MAINTENANCE AND UPDATE OF THESE PROCEDURES:** These procedures originate with the Division of Academics. Regular review and updates will be accomplished as needed.

VIII. **CANCELLATIONS AND SUPERSEDURES:** This Administrative Procedure cancels and supersedes Administrative Procedure 6161.8, dated July 1, 2012.

IX. **EFFECTIVE DATE:** July 1, 2013.

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