



JANUARY

“Always believe that something wonderful is about to happen.”

— Dr. Sukhraj Dhillon

Important Dates

January 19

Martin Luther King Jr. Day
Schools and Offices Closed

January 26

End of Second Quarter and Grading and Reporting Day
Early Dismissal for Students (12:45 dismissal)

Upcoming Assessments Windows

- ACCESS (ML students only)
 - January 7- February 13
- DIBELS
 - January 12-February 10
- Math Benchmark #2
 - January 20-February 13
- *Exact testing dates for each class will be shared, closer to the testing period*

★ January Goal-Setting Activity: My One Small Goal ★

Starting the new year is a great time for children to practice setting simple, achievable goals. Small goals help build confidence and motivation.

1. Ask your child: “What is one thing you want to get better at this month?” (Examples: reading every day, being kinder to siblings, practicing math facts daily)
2. Help them finish this sentence: “In January, I will try to _____.”
3. Have your child draw a picture or write 2-4 sentences about their goal.
4. Check in once a week about progress and celebrate effort—not perfection!

♥ Social-Emotional Learning Feelings Check-Ins ♥

After winter break, children benefit from extra support naming and managing their feelings. Talking about feelings helps children build self-awareness, empathy, and problem-solving skills.

- Ask one daily question:
 - “What was the best part of your day?”
 - “What was tricky today?”
 - “What is something you are proud of today?”
- Encourage your child to name feelings (happy, nervous, excited, frustrated).
- Remind your child that all feelings are okay, and we can always talk about their feelings.

RELA

Students will learn about writing to share their opinion with others. They will learn how to use linking words and provide reasons to support their opinion. Students will begin to learn the basic strokes to write in cursive along with beginning to learn how to write letters in cursive.

Math

Students make sense of one-step word problems with unknowns in any place by analyzing language, making drawings such as tape diagrams, and writing equations. Students solve addition and subtraction problems within 100 using different math tools.

Science

Changing Materials: Students will use observations to identify patterns when mixing materials together. Students will use observations to classify material changes as reversible or irreversible.

Social Studies

Students will be able to explain how historians use sources to understand the past. Students will learn how people have changed over time and how life in the past is different from today.